

Date	4/ 1(Tue)	4/ 2(Wed)	4/ 3(Thu)	4/ 4(Fri)	4/ 5(Sat)	4/ 7(Mon)	4/ 8(Tue)	4/ 9(Wed)	4/ 10(Thu)	4/ 11(Fri)	4/ 12(Sat)	4/ 14(Mon)	4/ 15(Tue)	4/ 16(Wed)
Morning Menu	Milk Rice Crackers	Milk Vegetables Bar	Milk Biscuit	Milk Shrimp-Flavor Crackers	Milk Fried Crackers	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Biscuit	Milk Shrimp-Flavor Crackers	Milk Fried Crackers	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar
Menu	Rice Grilled Chicken Spinach Salad Soybean Paste Soup Bananas	Rice Fried Whitefish Tuna Salad Vegetables Soup Apples	Rice Japanese Pork and Potato Stew Dressed Vegetables Soybean Paste Soup Oranges	Rice Grilled Whitefish Simmered Hijiki-Seaweed Soybean Paste Soup Bananas	Spaghetti- Napolitan Cabbage Salad Consommé Canned Mikan Oranges	Rice Grilled Whitefish Spinach Salad Clear Soup Apples	Rice Grilled Chicken Dressed Chinese Cabbage Soybean Paste Soup Oranges	Rice Japanese Omelet Dressed Japanese Mustard Spinach Soybean Paste Soup Bananas	Rice Stir-Fried Liver Cabbage Salad Milk Soup Apples	Rice Fried Whitefish Simmered Dried White Radish Stripes Egg Soup Oranges		Rice Grilled Salmon Simmered Freeze-Dry Soybean Curd Soybean Paste Soup Apples	Rice Chop Suey Seasoned Wakame-Seaweed Bean-Starch Vermicelli Soup Oranges	(Duch Cuisine) Bread Rolls Hutspot French Salad Erwtensoeep Oranges
Ingredient	Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine Spinach Soybean Sprout Corn Vinegar Cooking Oil Sugar Salt Onion Carrot Potato Natural Stock Soybean Paste Banana	Rice Codfish Salt Starch Onion Carrot Cooking Oil Onion Carrot Green Pepper Water Ketchup Soy Sauce Sugar Vinegar Starch Chinese Cabbage Cucumber Tula Flakes Vinegar Soy Sauce Cooking Oil Sugar Salt Carrot Soybean Sprout Shimeji Mushroom Consommé Apple	Rice Pork Potato Onion Carrot Konjac Noodles Green Pea Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Japanese Mustard Spinach Soybean Sprout Carrot Dried Baby Sardine Soy Sauce Sugar Wakame-Seaweed Fried Soybean Curd Soybean Curd Dried Young Sardine Soybean Paste Orange	Rice Codfish Salt Japanese Rice Wine Carrot Mayonnaise Powder Cheese Parsley Hijiki-Seaweed Soybean Carrot Kidney Bean Sesame Oil Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Onion Spinach Dried Young Sardine Soybean Paste Banana	Spaghetti Vienna Sausage Onion Carrot Green Pepper Ketchup Consommé Salt Cooking Oil Cabbage Soybean Sprout Corn Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Potato Carrot Consommé Canned Mikan-Orange	Rice Codfish Soy Sauce Japanese Rice Wine Sweet Rice Wine Black Sesame Spinach Cucumber Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Enoki-Mushroom Carrot Natural Stock Japanese Rice Wine Soy Sauce Salt Apple	Rice Chicken Soy Sauce Sugar Sweet Rice Wine Ginger Starch Chinese Cabbage Soybean Sprout Carrot Dried Bonito Flakes Soy Sauce Sugar Salt Soybean Sprout White Radish Wakame-Seaweed Dried Young Sardine Soybean Paste Orange	Rice Egg Chicken Shiitake-Mushroom Carrot Onion Soy Sauce Sugar Salt Japanese Mustard Spinach Cucumber Carrot Soy Sauce Sugar Onion Squash Fried Soybean Curd Dried Young Sardine Soybean Paste Banana	Rice Chicken Liver Ginger Soy Sauce Starch Potato Green Pea Cooking Oil ketchup Sugar Japanese Rice Wine Worcestershire Sauce Parsley Cabbage Soybean Sprout Carrot White Sesame Soy Sauce Sugar Onion Shimeji-Mushroom Carrot Milk Consommé Parsley Apple	Rice Codfish Salt Japanese Rice Wine Starch Dried Seaweed Cooking Oil Dried White Radish Stripes Fried Soybean Curd Carrot Kidney Bean Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Wakame-Seaweed Egg Enoki-Mushroom Natural Stock Japanese Rice Wine Soy Sauce Salt Orange		Rice Salmon Japanese Rice Wine Salt Freeze-Dry Soybean Curd Egg Carrot Kidney Bean Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Spinach Onion Dried White Radish Stripes Dried Young Sardine Soybean Paste Apple	Rice Pork Carrot Onion Chinese Cabbage Shiitake-Mushroom Chinese Stock Siy Sauce Soybean Paste Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Wakame-Seaweed Cucumber White Radish Soybean Sprout Tubular-Shaped Fish Cake Vinegar Sugar Bean-Starch Vermicelli Shimeji-Mushroom Carrot Chinese Stock Orange	Potato Onion Carrot Milk Butter Salt Chicken Salt Cabbage Cucumber Carrot Corn Cooking Oil Vinegar Sugar Salt Green Pea Onion Carrot Bacon Consommé Orange
Snack	Milk Bracken-Starch Dumpling	Milk Cocoa Short Bread	Green Tea Banana Yogurt	Milk Raisin Steamed Bread	Green Tea Wakame-Seaweed Rice Ball	Milk Cheese Pancake	Milk Brown Sugar Rusk	Milk Potato Cake	Milk Dried Young Sardine	Milk Melo-Flavored Toast	Milk Rice Cracker, jelly	Milk Yogurt Cake	Milk Sesame Cookie	Milk Soybean Flour Beans
	Bracken Starch Flour Brown Sugar Soybean Flour Sugar	Wheat Flour Cocoa Sugar Cooking Oil	Plain Yogurt Banana Sugar	Wheat Flour Raisin Baking Powder Sugar Cooking Oil	Rice Wakame-Seaweed Salt	Wheat Flour Processed Cheese Baking Powder Sugar Cooking Oil	Bread Brown Sugar	Potato Strach Butter Cooking Oil	Dried Young Sardine Sugar White Sesame Mini jelly	Bread Unsalted Butter Crystal Sugar Wheat Flour		Wheat Flour Baking Powder Sugar Cooking Oil Plain Yogurt Cannes Pineapples	Wheat Flour Cooking Oil Sugar White Sesame	Soybean Soybean Flour Sugar Salt
Date	4/ 17(Thu)	4/ 18(Fri)	4/ 19(Sat)	4/ 21(Mon)	4/ 22(Tue)	4/ 23(Wed)	4/ 24(Thu)	4/ 25(Fri)	4/ 26(Sat)	4/ 28(Mon)	4/ 29(Tue)		4/ 30(Wed)	
Morning Menu	Milk Vegetables Bar	Milk Biscuit	Milk Shrimp-Flavor Crackers	Milk Fried Crackers	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Biscuit	Milk Shrimp-Flavor Crackers	Milk Fried Crackers			Milk Crackers	
Menu	Hushed Pork and Rice Vegetables Salad Soy Milk Soup Bananas	Rice Grilled Whitefish Dressed Spinach Clear Soup Apples	Rice Chicken and Egg Bowl Dressed Japanese Mustard Spinach Soybean Paste Soup Canned Pineapples	Rice Tandoori Chicken Ham Salad Vegetables Soup Oranges	Stir Fried Noodles Dressed Soybean Sprout Soybean Paste Soup Apples	Rice Tuna Omelet Squash Salad Milk Soup Bananas	Rice Grilled Codfish Hijiki-Seaweed Salad Vegetables Soup Oranges	Bamboo Shoot Rice Tofu Hamburg Steak Spring Cabbage Salad Clear Soup Apples		Rice Grilled Whitefish Spinach Salad Soybean Paste Bananas			Rice Grilled Chicken Japanese Mustard Spinach Sald Soybean Paste Soup Bananas	
Ingredient	Rice Pork Onion Carrot Shimeji- Mushroom Hushed Pork Roux Cooking Oil Cucumber Soybean Carrot Tuna Flakes Vinegar Soy Sauce Cooking Oil Sugar Salt White Radish Soybean Sprout Shimeji Mushroom Soy Milk Consommé Salt Parsley Banana	Rice Codfish Ginger Carrot Sugar Japanese Rice Wine Sweet Rice Wine Soybean Paste Spinach Soybean Curd Soybean Sprout Carrot Soy Sauce Sugar Wakame-Seaweed Wheat Gluten Onion Carrot Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Apple	Rice Chicken Egg Carrot Onion Shiitake-Mushroom Green Onion Natural Stock Soy Sauce Sugar Japanese Rice Wine Dried Seaweed Japanese Mustard Spinach Soybean Sprout Carrot White Sesame Soy Sauce Sugar Onion Fried Soybean Curd Shiitake-Mushroom Dried Young Sardine Soybean Paste Canned Pineapples	Rice Chicken Salt Japanese Rice Wine Plain Yogurt Curry Powder Ketchup Garlic Sugar Spinach Cucumber Carrot Loin Ham Vinegar Soy Sauce Cooking Oil Sugar Salt White Radish Carrot Corn Consommé Orange	Chinese Noodles Pork Cabbage Carrot Onion Green Pepper Cooking Oil Worcestershire Sauce Salt Soybean Sprout Japanese Mustard Spinach Carrot Sesame Oil Soy Sauce Vinegar Sugar Salt White Sesame Soybean Curd Wakame-Seaweed Enoki-Mushroom Dried Young Sardine Soybean Paste Apple	Rice Egg Tuna Flakes Salt Onion Carrot Salt Ketchup Parsley Squash Cucumber Corn Tuna Flakes Mayonnaise Sugar Salt Onion Soybean Sprout Carrot Milk Consommé Parsley Banana	Rice Codfish Salt Onion Mayonnaise Parsley Hijiki-Seaweed Japanese Mustard Spinach Carrot Cooking Oil Vinegar Soy Sauce Sugar Salt Cabbage White Radish Shimeji-Mushroom Consommé Orange	Rice Bamboo Shoot Fried Soybean Curd Carrot Kelp Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Soybean Curd Pork Onion Egg Milk Salt Ketchup Spring Cabbage Soybean Sprout Carrot Vinegar, Cooking Oil Sugar, Salt Enoki-Mushroom Onion Wakame-Seaweed Natural Stock Soy Sauce, Japanese Rice Wine Sweet Rice Wine, Salt Apple		Rice Codfish Salt Mayonnaise Powder Cheese Bread Crumbs Parsley Spinach Soybean Sprout Corn White Sesame Soy Sauce Sugar Fried Soybean Curd Onion Carrot Dried Young Sardine Soybean Paste Banana		Rice Chicken Salt Mixed Cheese Parsley Japanese Mustard Spinach Soybean Sprout Carrot Corn Soy Sauce Vinegar Cooking Oil Sugar Salt Onion Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste Banana		
Snack	Milk Pancake	Green Tea Cocoa Pudding	Milk Simmered Sweet Potatoes	Milk Lemon Cake	Green Tea Seasoned Rice	Milk Boiled Macaroni	Milk Pizza Toast	Milk Chick-Shaped Sweet Potato	Milk Heart-Shaped Pi, Cheese	Milk Soybean Flour Pancake		Milk French Toast		
	Wheat Flour Baking Powder Cooking Oil Sugar	Milk Cocoa Agar Sugar	Sweet Potatoes Sugar Salt	Pancake Powder Egg Unsalted Butter Granulated Sugar Lemon	Rice Fried Soybean Curd Carrot, Shimeji-Mushroom Soy Sauce Sweet Rice Wine Salt	Macaroni Soybean Flour Sugar Salt	Bread Onion Green Pepper Bacon Ketchup Mixed Cheese	Sweet Potato Butter Cream Sugar Black Sesame Chocolate Cream		Soybean Mix Soybean Flour Milk Egg		Bread Milk Egg Sugar		

Box Lunch Day

Box Lunch Day

Public Holiday (Day of Showa)



April

☆Duch Cuisine☆

Hutspot
Hutspot is a traditional Dutch home-cooked dish. It mainly consists of boiled and mashed potatoes, carrots, and onions, resulting in a texture similar to mashed potatoes.

Erwtensoeep
'Erwtens' is the Dutch word for peas. In this dish, green peas are used."

※Menu may change depending on the availability of ingredients.