

Date	2/ 1(Sat)	2/ 3(Mon)	2/ 4(Tue)	2/ 5(Wed)	2/ 6(Thu)	2/ 7(Fri)	2/ 8(Sat)	2/ 10(Mon)	2/ 11(Tue)	2/ 12(Wed)	2/ 13(Thu)	2/ 14(Fri)	2/ 15(Sat)	
Menu	Milk Fried Crackers Udon Noodle Soup Seasoned Rice Ball Dressed Spinach Canned Peaches	Milk Crackers Read Bean Rice Fried Chicken Seasoned White Radish Clar Soup Bananas	Milk Rice Crackers Rice Grilled White Fish Simmered Hijiki-Seaweed Soybean Paste Soup Apples	Milk Vegetables Bar Curry and Rice Ham Salad Vegetables Soup Mikan-Orange	Milk Biscuit Rice Grilled Whitefish Dressed Japanese Mustard Spinach Soybean Paste Soup Bananas	Milk Shrimp-Flavor Crackers [Italian Cuisine] Spaghetti-Bolognese Italian Salad Soybean Soup Oranges	Milk Fried Crackers Mapo Tofu Bowl Spinach Salad Bean-Starch Vermicelli Soup Canned Mikan-Oranges	Milk Crackers Rice Grilled Chicken Tuna Salad Soybean Paste Soup Bananas	Milk Crackers Rice Chicken Salt Mixed Cheese Parsley	Public Holiday (National Foundation Day)	Milk Rice Crackers Rice Egg Tuna Onion Carrot Salt Ketchup Ginger Soybean Sprout Corn Mayonnaise Sugar Salt	Milk Vegetables Bar Rice Salmon Japanese Rice Wine Salt Fermented Soybean Japanese Mustard Spinach Soybean Sprout Carrot Soy sauce Sugar	Milk Biscuit Rice Fried Whitefish Dressed Spinach Soybean Paste Soup Bananas	Milk Shrimp-Flavor Crackers
Ingredient	Udon noodles Pork Burdock Root Carrot Squash Onion Soybean Curd Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt Starch Rice Dried Food Seasoning Spinach Soybean Sprout Carrot Soy Sauce Sugar Canned Peach	Red Bean Rice Black Sesame Carrot Soy Sauce Ginger, Garlic Sweet Rice Wine Japanese Rice Wine, Sugar Parsley White Radish Carrot Wakame-Seaweed Red Fish cake Soy Sauce Sugar Flower-Shaped Starch Onion Carrot Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Banana	Rice Codfish Salt Japsese Rice Wine Carrot Mayonnaise Powder Cheese Parsley Hijiki-Seaweed Fried Soybean Curd Carrot Kidney Bean Sesame Oil Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Spinach Onion Shiitake-Mushroom Dried Young Sardine Soybean Paste Apple	Rice Pork Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Carrot Loin Ham Cooking Oil Vinegar Sugar Salt Onion Squash Shimeji-Mushroom Consommé Mikan-Orange	Rice Codfish Salt Soy Sauce Sweet Rice Wine White Sesame Soybean Curd Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar Dried White Radish Stripes Carrot Wakame-Seaweed Dried Young Sardine Soybean Paste Banana	Spaghetti Pork Onion Carrot Green Pepper Ketchup Worcestershire Sauce Soy Sauce Consommé Cooking Oil Cabbage Cucumber Carrot Corn Vinegar Cooking Oil Sugar Salt Egg Carrot Spinach Canned Tomato Consommé Orange	Rice Soybean Curd Onion Carrot Green Onion Giger Garlic Soybean Paste Red Soybean Paste Soy Sauce, Japanese Rice Wine Sesame Oil Starch Spinach Soybean Sprout Carrot Sesame Oil Soy Sauce, Vinegar Sugar Salt Wakame-Seaweed Bean-Starch Vermicelli Onion Chinese Stock Canned Mikan-Orange	Rice Chicken Salt Mixed Cheese Parsley Chinese Cabbage Soy Sauce Sesame Oil Starch Cooking Oil Sugar Salt Onion Potato Wakame-Seaweed Dried Young Sardine Soybean Paste Banana	Public Holiday (National Foundation Day)	Rice Egg Tuna Onion Carrot Salt Ketchup Ginger Soybean Sprout Corn Mayonnaise Sugar Salt Chinese Cabbage Carrot Shimeji-Mushroom Soybean Paste Apple	Rice Salmon Japanese Rice Wine Salt Fermented Soybean Japanese Mustard Spinach Soybean Sprout Carrot Soy sauce Sugar Soybean Curd Wakame-Seaweed Onion Dried Young Sardine Soybean Paste Orange	Rice Codfish Ginger Japanese Rie Wine Salt Soy Sauce Sweet Rice Wine Starch Cooking Oil Spinach Soybean Sprout Carrot Soy Sauce Sugar Potato Onion Carrot Dried Young Sardine Soybean Paste Banana		
Snack	Milk Simmered Sweet Potatoes Sweet Potato Sugar Salt	Milk Soybean Flour Cookies Wheat Flour Sugar Soybean Flour Cooking Oil	Milk Cocoa Pudding Milk Cocoa Agar Sugar	Milk Bread Pudding Bread Egg Milk Sugar	Milk Candies Sweet Potatoes Sweet Potatoes Cooking Oil Sugar Starch Black Sesame	Green Tea Seasoned Rice Rice Dried Soybean Curd, Burdock Root Shimeji-Mushroom, Kidney Bean Soy Sauce, Sweet Rice Wine Salt	Milk Boiled Macaroni Macaroni Soybean Flour Sugar Salt	Milk Brown Sugar Rusk Bread Brown Sugar	Milk Pancake Pancake Powder Milk Egg	Green Tea Fruits Yogurt Plain Yogurt Banana Canned Mikan-Orange Sugar	Milk Cocoa Steamed Bread Wheat Flour Cocoa Baking Powder Sugar Cooking Oil	Milk Rice Cracker, jelly		
Date	2/ 17(Mon)	2/ 18(Tue)	2/ 19(Wed)	2/ 20(Thu)	2/ 21(Fri)	2/ 22(Sat)	2/ 24(Mon)	2/ 25(Tue)	2/ 26(Wed)	2/ 27(Thu)	2/ 28(Fri)			
Menu	Milk Fried Crackers Rice Grilled Chicken Dressed Chinese Cabbage Soybean Paste Soup Bananas	Milk Crackers Rice Grilled White Fish Potato Salad Consommé Soup Oranges	Milk Rice Crackers Rice Simmered Liver Simmered Freeze Dry Soybean Curd Egg Soup Apples	Milk Vegetables Bar Bread Chili Con Cane Egg Salad Milk Soup Oranges	Milk Biscuit Rice Stir-Fried Vegetables Dried White Radish Salad Soybean Paste Soup Apples	Milk Shrimp-Flavor Crackers	Milk Fried Crackers Rice Simmered Whitefish Hijiki Salad Soybean Paste Soup Canned Mikan-Orange	Milk Crackers Rice Spanish Omelet Dressed Vegetables Vegetables Soup Bananas	Milk Rice Crackers Rice Stir-Fried Pork Dressed Vegetables Soybean Paste Soup Apples	Milk Vegetables Bar Rice Grilled White Fish Spinach Salad Soybean Paste Soup Oranges				
Ingredient	Chicken Soy Sauce Sugar Sweet Rice Wine Ginger Starch Chinese Cabbage Soybean Sprout Carrot Dried Bonito Flakes Soy Sauce Sugar White Radish Carrot Dried Young Sardine Soybean Paste Banana	Codfish Salt Mayonnaise Powder Cheese Bread Crumbs Parsley Potato Cucumber Carrot Corn Mayonnaise Sugar Salt Onion Cabbage Carrot Consommé Orange	Chicken Liver Konjac Carrot Garlic, Ginger Soybean Paste Soy Sauce, Sugar Freeze Dry Soybean Curd Carrot Shiitake-Mushroom Kidney Bean Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Egg Enoki-Mushroom Onion Spinach Natural Stock Soy Sauce Japanese Rice Wine Salt Apple	Soybean Chicken Onion Carrot Garlic Tomato Ketchup Consommé Sugar Salt Cooking Oil Egg Cabbage Carrot Tuna Flakes Vinegar, Cooking Oil Sugar, Salt Potato Onion Corn Milk Consommé Parsley Orange	Fried Soybean Curd Salt Onion Japanese Mustard Spinach Salt Soy Sauce Sweet Rice Wine Sesame Oil Dried Bonito Flakes Dried White Radish Stripes Cucumber Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Carrot Onion Shimeji-Mushroom Dried Young Sardine Soybean Paste Apple			Hijiki-Seaweed Cucumber Soybean Sprout Soybean Vinegar Soy Sauce Cooking Oil Sugar Salt Wakame-Seaweed Onion Dried Young Sardine Soybean Paste Canned Mikan-Orange	Egg Bacon Potato Onion Carrot Salt Parsley Ketchup Soybean Curd Spinach Soybean Sprout Carrot Mayonnaise Sugar Sugar Squash Wakame-Seaweed Fried Soybean Sprout Dried Young Sardine Soybean Paste Apple	Rice Pork Onion Green Pepper Ginger Soy Sauce Sweet Rice Wine Japanese Rice Wine Cooking Oil Japanese Mustard Spinach Cucumber Enoki-Mushroom Dried Baby Sardine Soy Sauce Sugar Potato Onion Carrot Dried Young Sardine Soybean Paste Orange	Codfish Salt Mixed Cheese Soybean Sprout Spinach Carrot Corn Soy Sauce Cooking Oil Vinegar Sugar Salt Potato Onion Carrot Dried Young Sardine Soybean Paste Orange			
Snack	Milk Soybean-Flour Pancake Wheat Flour Soybean Flour Baking Powder Cooking Oil Sugar	Milk Okinawan Cookies Wheat Flour Sugar Cooking Oil	Milk Dried Young Sardine, Fruits Dried Young Sardine Sugar White Sesame Banana	Green Tea Wakame Rice Ball Rice Wakame-Seaweed Salt	Milk Boiled Potatoes Potato Aosa-Seaweed Salt	Milk Heart-Shaped Pie, Cheese		Milk Yogurt Cake Wheat Flour Baking Powder Sugar, Cooking Oil Plain Yogurt Canned Pineapple	Milk French Toast Bread Milk Egg Sugar	Milk Sesame Doughnuts Rice Flour Soybean Curd White Sesame Cooking Oil Soybean Flour, Sugar	Milk Raisin Steamed Bread Wheat Flour Raisin Baking Powder Sugar Cooking Oil			



**February**

☆Italian Cuisine☆  
Italy, with its long stretch of land

Italy has diverse climates and natural features within the country. As a result, each region has developed its own unique ingredients and local dishes. The hallmark of Italian cuisine is its simplicity and the emphasis on the natural flavors of the ingredients. ♪

※Menu may change depending on the availability of ingredients.