

Date	12/ 2(Mon)	12/ 3(Tue)	12/ 4(Wed)	12/ 5(Thu)	12/ 6(Fri)	12/ 7(Sat)	12/ 9(Mon)	12/ 10(Tue)	12/ 11(Wed)	12/ 12(Thu)	12/ 13(Fri)	12/ 14(Sat)	12/ 16(Mon)
Menu	Milk Crackers Rice Grilled Chicken Spinach Salad Consommé Soup Apples	Milk Rice Crackers Rice Fried Whitefish Simmered Hijiki-Seaweed Soybean Paste Soup Oranges	Milk Vegetables Bar Rice Simmered Chicken Liver Chinese Cabbage Salad Milk Soup Bananas	Milk Biscuit Rice Japanese Pork and Potato Stew Dressed White Radish Soybean Paste Soup Mikan-Orange	Milk Shrimp-Flavor Crackers Rice Grilled Salmon Simmered Squash Egg Soup Apples	Milk Fried Crackers Spaghetti- Meat Sauce Cabbage Salad Consommé Soup Canned Mikan-Orange	Milk Crackers Rice Grilled White Fish Dressed Japanese Mustard Spinach Soybean Sprout Bananas	Milk Rice Crackers Rice Spanish Omelet Vegetables Salad Soymilk Soup Apples	Milk Vegetables Bar Rice Grilled White Fish Simmered Freeze-Dry Soybean Curd Soybean Paste Soup Oranges	Milk Biscuit [Russian Cuisine] Bread Roll Skewered Chicken Potato Salad Cabbage Soup, Bananas	Milk Shrimp-Flavor Crackers Rice Stir-Fried Pork Dried White Radish Stripe Salad Soybean Paste Soup Mikan-Orange	Milk Fried Crackers	Milk Crackers Rice Grilled Salmon Dressed Vegetables Soybean Paste Apples
Ingredient	Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine Spinach Soybean Sprout Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Carrot Potato Consommé Apple	Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Hijiki-Seaweed Fried Soybean Curd Soybean Carrot Sesame Oil Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Onion Carrot Green Onion Dried Young Sardine Soybean Paste Orange	Rice Chicken Liver Onion Carrot Ketchup Salt Worcestershire Sauce Soy Sauce Curry Powder Chinese Cabbage Soybean Sprout Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Japanese Mustard Spinach Shimeji-Mushroom Milk Consommé Banana	Rice Pork Potato Onion Carrot Konjac Noodle Green Pea Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine White Radish Cucumber Carrot Dried Bonito Flakes Soy Sauce Wakame-Seaweed Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Starch Apple	Rice Salmon White Soybean Paste Sweet Rice Wine Sugar Squash Carrot Shitake-Mushroom Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Egg Soybean Curd Carrot Wakame-Seaweed Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Starch Apple	Spaghetti Pork Onion Carrot Green Pepper Tomato Ketchup Consommé Salt Sugar Cooking Oil Cabbage Carrot Corn Vinegar Cooking Oil Sugar Salt Onion Potato Spinach Consommé Canned Mikan Orange	Rice Egg Codfish Salt Soy Sauce Sweet Rice Wine White Sesame Soybean Curd Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar White Sesame Onion Carrot Wakame-Seaweed Dried Young Sardine Soybean Paste Banana	Rice Egg Bacon Potato Onion Carrot Salt Sliced Cheese Ketchup Parsley Cucumber Kidney Bean Tuna Flakes Corn Soy Sauce, Vinegar Cooking Oil Sugar Salt Mushroom Carrot Cabbage Soymilk Consommé Salt Parsley Apple	Rice Codfish Salt Japanese Rice Wine Carrot Mayonnaise Powder Cheese Parsley Potato Carrot Onion Broccoli Mayonnaise Pork Cabbage Onion Carrot Consommé Banana	Rice Chicken Salt Garlic Lemon Juice Potato Carrot Onion Green Pepper Soy Sauce Sugar Vinegar Cooking Oil Starch Mayonnaise Shitake-Mushroom Kidney Bean Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Japanese Mustard Spinach Onion Squash Dried Young Sardine Soybean Paste Orange	Rice Wakame-Seaweed Mikan-Orange	Box Lunch Day	Rice Salmon Japanese Rice Wine Salt Fermented Soybean Spinach Soybean Sprout Carrot Soy Sauce Sugar Wakame-Seaweed Onion Carrot Dried Young Sardine Soybean Paste Apple
Snack	Milk Cheese Steamed Bread Wheat Flour Processed Cheese Baking Powder Sugar Cooking Oil	Milk Starch Rusk Starch Brown Sugar	Green Tea Fruits Yogurt Plain Yogurt Apple Canned Mikan-Orange Sugar	Milk Soybean Flour Pancake Wheat Flour Soybean Flour Baking Powder Sugar Cooking Oil	Milk Candies Sweet Potatoes Sweet Potato Cooking Oil Sugar Starch Black Sesame	Milk Rice Ball Rice Fried Soybean Curd Natural Stock Soy Sauce, Sugar White Sesame	Green Tea Milk Starch Cake Milk Starch Sugar Soybean Flour Sugar	Milk Dried Young Sardine Bananas Roasted Young Sardine Sugar White Sesame Banana	Milk Cheese Cookie Wheat Flour Sugar Cooking Oil Salt Power Cheese	Green Tea Wakame Rice Ball Rice Wakame-Seaweed Salt	Milk French Toast Bread Milk Egg Sugar	Milk Jerry, Rice Cracker	Milk Brown Sugar Rusk Bread Brown Sugar
Menu	Milk Rice Crackers [Christmas Party] Hamburg Steak Egg Salad Consommé Soup, Apples	Milk Vegetables Bar Rice Stir-Fried Soybean Curd Tuna Salad Soybean Paste Soup Bananas	Milk Biscuit Rice Grilled White Fish Cooked Lotus Root Clear Soup Mikan-Oranges	Milk Shrimp-Flavor Crackers Udon Noodle Soup Rice Ball Dressed Japanese Mustard Spinach Oranges	Milk Fried Crackers Chicken and Egg Bowl Dressed Spinach Soybean Paste Soup Canned Peaches	Milk Crackers Rice Grilled Chicken Dressed Japanese Mustard Spinach Soybean Paste Soup Banana	Milk Rice Crackers Rice Tuna Omelet Dressed Vegetables Milk Soup Oranges	Milk Vegetables Bar Curry and Rice French Salad Vegetables Soup Apples	Milk Biscuit Rice Grilled Salmon Hijiki-Seaweed Salad Soybean Paste Soup Bananas	Milk Shrimp-Flavor Crackers Mapo-Tofu Bowl Bean-Starch Vermicelli Salad Wakame-Seaweed Soup Canned Mikan Oranges	Milk Fried Crackers		
Ingredient	Rice Corn Onion Carrot Butter Consommé Salt Beef, Pork Onion Bread Crumb Egg Milk Salt Ketchup Egg Cabbage Carrot Loin Ham Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Soybean Sprout Corn Consommé Parsley Apple	Fried Soybean Curd Pork Onion Spinach Soy Sauce Sweet Rice Wine Sesame Oil Dried Bonito Flakes Cabbage Soybean Sprout Carrot Tuna Flakes Vinegar Soy Sauce Cooking Oil Sugar Salt Wakame-Seaweed Onion Shimeji-Mushroom Dried White Radish Stripes Dried Young Sardine Soybean Paste Banana	Codfish Soy Sauce Japanese Rice Wine Sweet Rice Wine Lotus Root Carrot Green Pepper Tubular Fish Cake Sesame Oil Soy Sauce Sugar Sweet Rice Wine White Sesame Onion Carrot Soybean Curd Natural Stock Soybean Sprout Carrot Japanese Rice Wine Sweet Rice Wine Salt Mikan-Oranges	Udon Noodles Pork Onion Chinese Cabbage Shimeji-Mushroom Fried Soybean Curd White Sesame Green Onion Natural Stock Soy Sauce Soymilk Soybean Paste Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Rice Dried Baby Sardine Wakame-Seaweed Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar Orange	Rice Chicken Egg Carrot Onion Red Fish Cake Green Onion Natural Stock Soy Sauce Sugar Japanese Rice Wine Dried Seaweed Spinach Soybean Sprout Carrot Soy Sauce Sugar Wakame Seaweed Starch Onion Dried Young Sardine Soybean Paste Canned Peach	Chicken Salt Sliced Cheese Parsley Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar Wakame-Seaweed White Radish Onion Carrot Dried Young Sardine Soybean Paste Banana	Rice Egg Tuna Flakes Onion Carrot Salt Sliced Cheese Ketchup Parsley Soybean Curd Chinese Cabbage Cucumber Carrot White Sesame Mayonnaise Soy Sauce Sugar Onion Squash Shimeji-Mushroom Milk Consommé Orange	Rice Pork Onion Potato Carrot Curry Loux Cooking Oil Cabbage Soybean Sprout Carrot Cooking Oil Vinegar Sugar Salt Spinach Onion Corn Consommé Apple	Rice Salmon Salt Mayonnaise Cream Corn Parsley Hijiki-Seaweed Tuna Flakes Soybean Sprout Kidney Bean Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Carrot Japanese Mustard Spinach Dried Young Sardine Soybean Paste Banana	Rice Soybean Curd Pork Onion Carrot Green Onion Ginger Garlic Soybean Paste Red Soybean Paste Sugar Soy Sauce Japanese Rice Wine Sesame Oil Starch Bean-Starch Vermicelli Cucumber Carrot White Sesame Sesame Oil Soy Sauce, Vinegar Sugar, Salt Onion Enoki-Mushroom Wakame-Seaweed Chinese Stock Canned Mikan-Orange	Box Lunch Day		
Snack	Cocoa Decorated Cake Pancake Powder Milk Egg Banana	Milk Roasted Soybean Soybean Soybean Flour Sugar Salt	Milk Squash Doughnut Squash Egg Baking Flour, Milk Sugar, Butter, Cooking Oil Baking Powder	Milk Baked Mashed Potato Potato Starch Butter Cooking Oil	Milk Simmered Sweet Potato Sweet Potato Lemon Juice Sugar Salt	Milk Apple Cake Wheat Flour Apple Sugar Egg Butter, Sugar	Milk Seasoned Rice Ball Rice Dried Food Seasoning	Green Tea Cocoa Pudding Milk Cocoa Agar Sugar	Milk Toast Bread Dried Baby Sardine Mayonnaise Aosa-Seaweed Powder Cheese	Milk Pancake Pancake Powder Milk Egg	Milk Heart-Shaped Pie, Cheese		



※Menu may change depending on the availability of ingredients.