

Date	11/ 1(Fri)	11/ 2(Sat)	11/ 4(Mon)	11/ 5(Tue)	11/ 6(Wed)	11/ 7(Thu)	11/ 8(Fri)	11/ 9(Sat)	11/ 11(Mon)	11/ 12(Tue)	11/ 13(Wed)	11/ 14(Thu)	11/ 15(Fri)	11/ 16(Sat)
Morning Snack	Milk Corn Snack	Milk Crackers		Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack
Menu	Rice Simmered White Fish Hijiki-Seaweed Salad Soybean Paste Soup Apples	<small>Bowl of Rice with Mixed Chicken Topping</small> Seasoned White Radish Soybean Paste Soup Canned Mikan-Orange		Rice Grilled Chicken <small>Japanese Mustard Spinach Salad</small> Dressed Cabbage Clear Soup Apples	Rice Grilled Whitefish Dressed Cabbage Clear Soup Apples	Bread Roll Plain Yogurt Crème Stew Oranges	Rice Japanese Pork and Potato Stew Dressed Vegetables Soybean Paste Soup Apples	Starchy Sauce Rice Bowl Bean-Starch Vermicelli Salad Wakame-Seaweed Soup Cannes Peaches	Rice Fried Whitefish Cheese Omelet Potato Salad Vegetables Soup Bananas	<small>[Vietnamese Cuisine]</small> Vietnamese Chicken Rice Cabbage Salad Vietnamese Noodle Soup Oranges	Curry and Rice Caesar Salad Soybean Paste Soup Apples	Rice Grilled Salmon Dressed Chinese Cabbage Soybean Paste Soup Apples		
Ingredient	Rice Codfish Ginger Soy Sauce Japanese Rice Wine Sweet Rice Wine Sugar Hijiki-Seaweed Soybean Carrot Kidney Bean Vinegar Soy Sauce Sesame Oil Sugar Salt Soybean Curd Carrot Wakame-Seaweed Dried Young Sardine Soybean Paste Apple	Rice Chicken Ginger Japanese Rice Wine So Sauce Sugar Egg Soybean Paste Salt Spinach White Radish Cucumber Carrot Fish Cake-Crab Meat Flavor Vinegar Sugar Carrot Onion Dried Young Sardine Soybean Paste Canned Mikan-Orange	Observed Holiday (Culture Day)	Rice Chicken Salt Butter Japanese Mustard Spinach Cucumber Corn Vinegar Soy Sauce Cooking Oil Sugar Salt Shimeji-Mushroom Carrot Chinese Cabbage Milk Consommé Parsley Banana	Rice Codfish Ginger Sugar Japanese Rice Wine Sweet Rice Wine Soybean Paste Cabbage Soybean Sprout Carrot White Sesame Soy Sauce Sugar Soybean Curd Onion Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Apple	Bread Roll Chicken Salt Japanese Rice Wine Plain Yogurt Curry Powder Ketchup Garlic Sugar Onion Potato Carrot Bacon Corn Milk Creame Stew Roux Cooking Oil Orange	Rice Pork Potato Onion Carrot Red-colored Fish Cake Konjac Green Pea Natural Stock Soy Sauce Sugar Spinach Soybean Sprout Enoki-Mushroom Dried Baby Sardine Soy Sauce Sugar Dried White Radish Stripes Fried Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste Apple	Rice Pork Chinese Cabbage Onion Carrot Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Bean-Starch Vermicelli Cucumber Carrot White Sesame Sesame Oil Soy Sauce Vinegar Sugar Salt Wakame Seaweed Onion Shiitake-Mushroom Chinese Stock Cannes Peach	Rice Cod Fish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Japanese Mustard Spinach Soybean Sprout Carrot White Sesame Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Carrot Dried Young Sardine Soybean Paste Mini Jerry	Rice Egg Sliced Cheese Carrot Onion Salt Ketchup Parsley Potato Cucumber Carrot White Sesame Mayonnaise Sugar Salt Enoki-Mushroom Cabbage Corn Consommé Banana Orange	Rice Chicken Chinese Stock Soy Sauce Chicken Salt Cabbage Cucumber Carrot Soy Sauce Cooking Oil Vinegar Sugar Salt Vietnamese Rice Noodle Soybean Sprout Onion Japanese Mustard Spinach Shiitake-Mushroom Chinese Stock Soy Sauce Salt Sesame Oil Banana Orange	Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Spinach Soybean Sprout Cron Mayonnaise Vinegar Powder Cheese Garlic Sugar Shimeji-Mushroom Carrot Onion Soybean Paste Salt Parsley Banana	Rice Salmon Japanese Rice Wine Salt Soybean Curd Chinese Cabbage Carrot Cucumber Carrot Soy Sauce White Sesame Carrot Dried Young Sardine Soybean Pate Apple	Box Lunch Day
Snack	Milk Pizza Toast	Milk Pancake		Milk Soybean Flour Steamed Bread	Milk Boiled Potatoes	Green Tea Tuna Flake Rice Ball	Milk Lemon Cake	Milk Starch Rusk	Milk Steamed Bread	Milk Cocoa Shortbread	Milk Potato Doughnut	Milk Boiled Soybean	Milk Carrot Pancake	Milk Jerry, Rice Cracker
Date	11/ 18(Mon)	11/ 19(Tue)	11/ 20(Wed)	11/ 21(Thu)	11/ 22(Fri)	11/ 23(Sat)	11/ 25(Mon)	11/ 26(Tue)	11/ 27(Wed)	11/ 28(Thu)	11/ 29(Fri)	11/ 30(Sat)		
Morning Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers		Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers		
Menu	Rice Grilled Chicken French Salad Consommé Soup Mini Jerry	<small>Fried Whitefish with Starchy Sauce</small> Chinese Cabbage Salad Soybean Paste Soup Apples	<small>Simmered Chicken Liver</small> Dressed Spinach Egg Soup Oranges	Rice Grilled Whitefish <small>Simmered Fried Soybean Curd</small> Soybean Paste Soup Bananas	Seasoned Rice Fried Chicken Dressed Vegetables Clear Soup Persimmon		Rice Grilled Salmon <small>Boiled Japanese Mustard Spinach</small> Consommé Soup Mini Jerry	Rice Japanese Omelet <small>Simmered White Radish Stripes</small> Soybean Paste Soup Bananas	Rice Grilled Chicken Dressed Vegetables Soybean Paste Soup Apples	Rice Grilled Whitefish Egg Salad Milk Soup Oranges	Rice Simmered Pork and Vegetables Soybean Salad Soybean Paste Bananas			
Ingredient	Rice Chicken Salt Mixed Cheese Parsley Cabbage Cucumber Lion Ham Vinegar Sugar Salt Potato Onion Corn Consommé Mini Jerry	Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce Sugar Vinegar Starch Chinese Cabbage Soybean Sprout Carrot Tuna Flakes Vinegar Soy Sauce Cooking Oil, Salt Sugar Onion Carrot Japanese Mustard Spinach Dried Young Sardine Soybean Paste Apple	Chicken Liver Konjac Carrot Garlic Ginger Soybean Paste Sugar Soy Sauce Spinach Soybean Sprout Carrot Dried Bonito Flakes Soy Sauce Sugar Egg Enoki-Mushroom Onion Wakame-Seaweed Natural Stock Soy Sauce Japanese Rice Wine Salt Orange	Rice Codfish Salt Soy Sauce Sweet Rice Wine White Sesame Fried Soybean Curd Egg Carrot Green Pea Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Cucumber Carrot Natural Stock Banana	Fried Soybean Curd Shimeji-Mushroom Eringi-Mushroom Carrot Kidney Bean Shiitake-Mushroom Chicken Garlic, Ginger Soybean Curd Japanese Mustard Spinach Cucumber Carrot White Sesame Mayonnaise Soy sauce, Sugar Wakame-Seaweed Onion Carrot Natural Stock Persimmon	Public Holiday (Labor Thanks Giving Day)	Salmon Salt Mayonnaise Cream Corn Parsley Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar Onion Carrot Macaroni Consommé Mini Jerry	Egg Chicken Shiitake-Mushroom Carrot Onion Soy Sauce Salt Dried White Radish Stripes Fried Soybean Curd Carrot Kidney Bean Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Chinese Cabbage Shimeji-Mushroom Starch Dried Young Sardine Soybean Paste Banana	Chicken Soy Sauce Sugar Sweet Rice Wine Soy Sauce Starch Fermented Soybean Spinach Carrot Soy Sauce Sugar Onion Carrot Dried Young Sardine Soybean Paste Apple	Codfish Salt Mayonnaise Powder Cheese Bread Crumbs Parsley Egg Cabbage Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Sweet Potato Carrot Milk Consommé Orange	Pork Onion Chinese Cabbage Konjac Noodle Grilled Soybean Curd Cooking Oil Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Sugar Soybean Sprout Japanese Mustard Spinach Carrot White Sesame Soy Sauce Sesame Oil Sugar Salt White Radish Wakame-Seaweed Dried Young Sardine Soybean Paste Banana	Box Lunch Day		
Snack	Milk Melon-Flavored Toast	Milk Roasted Dried Young Sardine	Milk Boiled Macaroni	Green Tea Fruits Yogurt	Milk Sponge Cake		Milk Yogurt Cake	Milk Grilled Mashed Sweet Potatoes	Milk Cocoa Steamed Bread	Milk Cookie	Milk Brown Sugar Rusk	Milk Heart-Shaped Pie, Cheese		
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Ingredient	Bread Unsalted Butter Granulated Sugar Wheat Flour	Dried Young Sardine Light Brown Sugar Mayonnaise Curry Powder Banana	Macaroni Soybean Flour Sugar Salt	Plain Yogurt Apple Canned Mikan-Orange Sugar	Sweet Potato Sugar Unsalted Butter Milk, Wheat Flour Baking Powder		Wheat Flour Baking Powder Sugar, Cooking Oil Plain Yogurt Cannes Peach	Sweet Potato Butter Sugar Milk Black Sesame	Wheat Flour Cocoa Baking Powder Sugar Cooking Oil	Wheat Flour Sugar Cooking Oil	Bread Brown Sugar			

※Menu may change depending on the availability of ingredients.



November

This month's
world cuisine is
Vietnamese
Cuisine☆

