

Date	9/ 2(Mon)	9/ 3(Tue)	9/ 4(Wed)	9/ 5(Thu)	9/ 6(Fri)	9/ 7(Sat)	9/ 9(Mon)	9/ 10(Tue)	9/ 11(Wed)	9/ 12(Thu)	9/ 13(Fri)	9/ 14(Sat)	9/ 16(Mon)	9/ 17(Tue)
Morning Snack	Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers		Milk Corn Snack
Menu	Rice Grilled Chicken Cabbage Salad Consommé Soup Bananas	Rice Fried Whitefish Dressed Vegetables Soybean Paste Soup Oranges	Rice Rice Stir-Fried Pork Cucumber Salad Wakame Soup Apples	Rice Grilled Salmon Dressed Mustard Spinach Soybean Paste Soup Mini Jelly	Chinese Noodles Pork Cabbage Carrot Onion Green Pepper Cooking Oil Worcestershire Sauce Salt Spinach Soybean Sprout Corn Vinegar Soy Sauce Cooking Oil Sugar Salt Fried Soybean Curd Onion Carrot Potato Dried Young Sardine Soybean Paste Banana		Rice Codfish Soy Sauce Japanese Rice Wine Sweet Rice Wine Cabbage Cucumber Tuna Flakes Carrot Cooking Oil Salt Onion Corn Spinach Consommé Apple	Rice Egg Soy Sauce Carrot Onion Green Pepper Red Fish Cake Sesame Oil Salt Chinese Stock Dried White Radish Stripes Cucumber Red Bell Pepper White Sesame Vinegar Sesame Oil Soy Sauce Sugar Salt Wakame-Seaweed Soybean Curd Carrot Chinese Stock Mini Jelly	Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Japanese Mustard Spinach Soybean Sprout Carrot Vinegar Cooking Oil Sugar Salt Shimeji-Mushroom Carrot Onion Consommé Parsley Banana	Bread Roll Beef, Pork Onion Bread Crumbs Egg Milk Salt Ketchup Potato Cooking Oil Salt Cabbage Cucumber Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Corn Bacon Onion Potato Milk Consommé Parsley Orange	Rice Codfish Salt Japanese Rice Wine Carrot Mayonnaise Powder Cheese Parsley Soybean Curd Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar White Sesame Wakame-Seaweed Onion Squash Dried Young Sardine Soybean Paste Banana	Rice Soybean Curd Pork Onion Carrot Green Onion Ginger Garlic Soybean Paste Res Soybean Paste Sugar Soy Sauce Japanese Rice Wine Sesame Oil Starch Soybean Sprout Spinach Corn White Sesame Soy Sauce Vinegar Sugar Salt Bean-Starch Vermicelli Carrot Wakame-Seaweed Chinese Stock Cannes Mikan-Orange		Rice Codfish Japanese Rice Wine Salt Sliced Cheese Parsley Ginger Garlic Soybean Paste Res Soybean Paste Sugar Soy Sauce Japanese Rice Wine Sesame Oil Starch Onion Wakame-Seaweed Fried Soybean Curd Dried White Radish Stripes Dried Young Sardine Soybean Paste Mini Jelly
Ingredient	Rice Chicken Salt Mixed Cheese Parsley Cabbage Cucumber Loin Ham Vinegar Soy Sauce Cooking Oil Sugar Salt Potato Onion Carrot Consommé Banana	Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Soybean Curd Spinach Carrot White Sesame Mayonnaise Soy Sauce Sugar Egg Green Onion Onion Dried Young Sardine Soybean Paste Orange	Rice Pork Bean-Starch Vermicelli Onion Carrot Green Pepper Chinese Stock Soy Sauce Sugar Japanese Rice Wine Sesame Oil Cucumber Soybean Sprout Carrot Sesame Oil Vinegar Soy Sauce Sugar Salt Enoki-Mushroom Soybean Curd Wakame-Seaweed Chinese Stock Apple	Rice Salmon Japanese Rice Wine Salt Japanese Mustard Spinach Soybean Sprout Carrot Tuna Flakes Soy Sauce Sugar Onion Carrot Starch green Onion Dried Young Sardine Soybean Paste Mini Jelly			Rice Codfish Soy Sauce Japanese Rice Wine Sweet Rice Wine Cabbage Cucumber Tuna Flakes Carrot Cooking Oil Salt Onion Corn Spinach Consommé Apple	Rice Egg Soy Sauce Carrot Onion Green Pepper Red Fish Cake Sesame Oil Salt Chinese Stock Dried White Radish Stripes Cucumber Red Bell Pepper White Sesame Vinegar Sesame Oil Soy Sauce Sugar Salt Wakame-Seaweed Soybean Curd Carrot Chinese Stock Mini Jelly	Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Japanese Mustard Spinach Soybean Sprout Carrot Vinegar Cooking Oil Sugar Salt Shimeji-Mushroom Carrot Onion Consommé Parsley Banana	Bread Roll Beef, Pork Onion Bread Crumbs Egg Milk Salt Ketchup Potato Cooking Oil Salt Cabbage Cucumber Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Corn Bacon Onion Potato Milk Consommé Parsley Orange	Rice Codfish Salt Japanese Rice Wine Carrot Mayonnaise Powder Cheese Parsley Soybean Curd Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar White Sesame Wakame-Seaweed Onion Squash Dried Young Sardine Soybean Paste Banana	Rice Soybean Curd Pork Onion Carrot Green Onion Ginger Garlic Soybean Paste Res Soybean Paste Sugar Soy Sauce Japanese Rice Wine Sesame Oil Starch Soybean Sprout Spinach Corn White Sesame Soy Sauce Vinegar Sugar Salt Bean-Starch Vermicelli Carrot Wakame-Seaweed Chinese Stock Cannes Mikan-Orange		Rice Codfish Japanese Rice Wine Salt Sliced Cheese Parsley Ginger Garlic Soybean Paste Res Soybean Paste Sugar Soy Sauce Japanese Rice Wine Sesame Oil Starch Onion Wakame-Seaweed Fried Soybean Curd Dried White Radish Stripes Dried Young Sardine Soybean Paste Mini Jelly
Snack	Milk Pancake	Milk Steamed Bread	Milk Potato Doughnuts	Milk Simmered Soybeans	Barley Tea Seasoned Rice	Milk Heart-Shaped Pie, Cheese	Barley Tea Fruits Yogurt	Milk Sesame Toast	Milk Cheese Steamed Bread	Milk Banana Soft Cookies	Milk Cocoa Pudding	Milk Simmered Sweet Potatoes		Milk Soybean Curd Dumpling
Date	9/ 18(Wed)	9/ 19(Thu)	9/ 20(Fri)	9/ 21(Sat)	9/ 23(Mon)	9/ 24(Tue)	9/ 25(Wed)	9/ 26(Thu)	9/ 27(Fri)	9/ 28(Sat)	9/ 30(Mon)			
Morning Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers		Milk Shrimp-Flavor Crackers	Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers			
Menu	Rice Simmered Soybean Curd Ham Salad Wakame Soup Oranges	Rice Grilled Salmon Simmered Soybean Cured Soybean Paste Soup Bananas	Rice Rice Fried Chicken Soybean Sprout Salad Soybean Paste Soup Apples			Rice Tuna Omelet Vegetables Salad Consommé Soup Bananas	Rice Simmered Chicken Liver Spinach Salad Egg Soup Apples	Rice Simmered Pork and Soybean Curd Dressed Vegetables Soybean Paste Soup Canned Peaches	Rice Wakame-mixed Rice Fried White Fish French Salad Milk Soup Oranges	Starchy Sauce Rice Bowl Dressed Mustard Spinach Soybean Paste Soup Canned Pineapples	Rice Grilled Chicken Simmered Hijiki-Seaweed Soybean Paste Soup Bananas			
Ingredient	Rice Soybean Curd Pork Ginger Shiitake-Mushroom Onion Carrot Potato Green Pepper Tomato Sesame Oil Sugar Salt Soy Sauce Cabbage Cucumber Loin Ham Vinegar Soy Sauce Cooking Oil Sugar Salt Wakame-Seaweed Enoki-Mushroom Carrot Chinese Stock Orange	Rice Salmon Soy Sauce Japanese Rice Wine Sweet Rice Wine Black Sesame Freeze-Dry Soybean Curd Carrot Shimeji-Mushroom Kidney Bean Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Squash Onion Japanese Mustard Spinach Dried Young Sardine Soybean Paste Banana	Rice Chicken Soy Sauce Garlic Ginger Sweet Rice Wine Japanese Rice Wine Sugar Salt Starch Cooking Oil Soybean Sprout Cucumber Carrot Corn White Sesame Sesame Oil Soy Sauce Vinegar Sugar Salt White Radish Carrot Potato Wakame-Seaweed Dried Young Sardine Soybean Paste Apple			Rice Egg Tuna Flakes Onion Carrot Ketchup Parsley Sliced Cheese Ketchup Soybean Cucumber Corn Tomato Mayonnaise Soy Sauce Sugar Cabbage Carrot Onion Consommé Banana	Rice Chicken Liver Onion Carrot Ketchup Salt Worcestershire Sauce Cooking Oil Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Sugar Spinach Soybean Sprout Loin Ham Vinegar Soy Sauce Cooking Oil Sugar Salt Egg Potato Shimeji-Mushroom Consommé Apple	Rice Pork Onion Chinese Cabbage Konjac Noodles Broiled Soybean Curd Cooking Oil Natural Stock Soy Sauce Sweet Rice Wine Sugar Japanese Mustard Spinach Soybean Sprout Fermented Soybean Dried Baby Sardine Soy Sauce Sugar Onion Carrot Wakame-Seaweed Dried Young Sardine Soybean Paste Canned Peach	Rice Wakame-Seaweed Salt Codfish Salt Japanese Rice Wine Wheat Flour Bread Crumbs Cooking Oil Cabbage Cucumber Carrot Loin Ham Vinegar Soy Sauce Cooking Oil Sugar Salt Potato Spinach Carrot Milk Consommé Orange	Starchy Sauce Rice Bowl Dressed Mustard Spinach Soybean Paste Soup Canned Pineapples Rice Pork Chinese Cabbage Onion Carrot Red Fish Cake Chinese Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Sesame Oil Starch Japanese Mustard Spinach Soybean Sprout Carrot Dried Seaweed White Sesame Vinegar Sesame Oil Soy Sauce Sugar Salt Wakame-Seaweed Onion Shiitake-Mushroom Dried Young Sardine Soybean Paste Canned Pineapple	Rice Chicken Salt Butter Hijiki-Seaweed Tuna Flakes Soybean Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Onion Soybean Curd Spinach Dried Young Sardine Soybean Paste Banana			
Snack	Milk Brown Sugar Rusk	Milk Red Bean Cake	Milk Roasted Dried Sardine, Fruits	Milk Jelly, Rice Crackers		Barley Tea Starch Dumpling	Milk French Toast	Milk Cheese Cookies	Milk Banana Custard	Milk Boiled Potatoes	Milk Lemon Cake			
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Box Lunch Day

Observed  
Holiday for  
Autumnal  
Equinox Day

Public Holiday  
(Respect for  
the Aged Day)



September

Starting this month,  
we will begin serving  
world cuisine meals!  
Look forward to it ♪



※Menu may change depending on the availability of ingredients.