

Date	8/ 1(Thu)	8/ 2(Fri)	8/ 3(Sat)	8/ 5(Mon)	8/ 6(Tue)	8/ 7(Wed)	8/ 8(Thu)	8/ 9(Fri)	8/ 10(Sat)	8/ 12(Mon)	8/ 13(Tue)	8/ 14(Wed)	8/ 15(Thu)	8/ 16(Fri)	8/ 17(Sat)	
Morning Snack	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack		Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	
Menu	Rice Grilled Whitefish Simmered White Radish Soybean Paste Soup Mini Jelly	Rice Ball Fried Chicken, French Fry Sausage, Corn Nyum-en-Noodles Bananas	Spaghetti-Meat Sauce French Salad Vegetables Soup Canned Mikan-Orange	Rice Grilled Chicken Vegetables Salad Soybean Paste Soup Apples	Rice Fried Whitefish Dressed Mustard Spinach Soybean Paste Soup Mini Jelly	Rice Cheese Omelet Potato Salad Vegetables Soup Bananas	Rice Tandoori Chicken Cabbage Salad Milk Soup Oranges	Rice Grilled Whitefish Simmered Hijiki-Seaweed Soybean Paste Soup Apples				Pork Ginger Bowl Dressed Spinach Soybean Paste Soup Cannes Peaches	Pasta-Japanese Style Cucumber Salad Consommé Soup Apples		Chicken and Egg Bowl Dressed Cabbage Soybean Paste Soup Bananas	Curry and Rice Egg Salad Soymilk Soup Canned Mikan-Oranges
Ingredient	Rice Codfish Salt Onion Mayonnaise Parsley Dried White Radish Stripes Carrot Fried Soybean Curd Green Pea Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Japanese Mustard Spinach Onion Squash Dried Young Sardine Soybean Paste Mini Jerry	Rice Chicken Soy Sauce Garlic Ginger Sweet Rice Wine Japanese Rice Wine Sugar Salt Cooking Oil Potato Cooking Oil Sausage Salt Sweet Corn Salt Somen Noodles Okra Carrot Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Banana	Spaghetti Pork Onion Carrot Tomato Ketchup Consommé Salt Sugar Cooking Oil Cabbage Carrot Corn Tomato Vinegar Cooking Oil Onion Spinach Spinach Consommé Canned Mikan-Orange	Rice Chicken Soy Sauce Sugar Sweet Rice Wine Ginger Starch Soybean Cucumber Corn Tomato Vinegar Cooking Oil Carrot Soy Sauce Sugar Salt Starch Onion Carrot Died Young Sardine Soybean Paste Apple Mini Jerry	Rice Codfish Salt Japanese Rice Wine Wheat Flour Bread Crumbs Powder Cheese Parsley Cooking Oil Soybean Curd Cucumber Carrot Japanese Mustard Spinach Soybean Sprout Carrot Tuna Flakes Mayonnaise Carrot Soy Sauce Sugar Salt White Sesame Wakame-Seaweed Onion Dried White Radish Stripes Shimeji-Mushroom Dried Young Sardine Soybean Paste Mini Jerry	Rice Egg Sliced Cheese Carrot Onion Salt Ketchup Sugar Potato Cucumber Carrot Tuna Flakes Mayonnaise Squash Onion Green Pea Consommé Banana	Rice Chicken Salt Japanese Rice Wine Plain Yogurt Curry Powder Ketchup Garlic Sugar Cabbage Soybean Sprout Carrot Corn Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Potato Bacon Milk Consommé Parsley Orange	Rice Codfish Soy Sauce Japanese Rice Wine Sweet Rice Wine Hijiki-Seaweed Fried Soybean Curd Soybean Carrot Sesame Oil Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Japanese Mustard Spinach Onion Dried Young Sardine Soybean Paste Apple		Box Lunch Day	Observed Holiday	Rice Pork Onion Green Pepper Ginger Soy Sauce Sweet Rice Wine Japanese Rice Wine Cooking Oil Spinach Soybean Sprout Carrot Vinegar Cooking Oil Sugar Salt Onion Wakame-Seaweed Soybean Curd Dried Young Sardine Soybean Paste Canned Peach	Spaghetti Tuna Flakes Onion Japanese Mustard Spinach Shimeji-Mushroom Salt Butter Soy Sauce Cooking Oil Cucumber Cabbage Carrot Tuna Flakes Vinegar Cooking Oil Sugar Salt Onion Carrot Consommé Apple	Box Lunch Day	Rice Chicken Egg Carrot Onion Red Fish Cake Green Onion Natural Stocks Soy Sauce Sugar Japanese Rice Wine Dried Seaweed Cabbage Soybean Sprout Carrot Vinegar Cooking Oil Sugar Salt Wakame-Seaweed Onion Carrot Dried Young Sardine Soybean Paste Banana	Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Spinach Cucumber Carrot Egg Vinegar Cooking Oil Sugar Salt Corn Chinese Cabbage Shimeji-Mushroom Soymilk Consommé Parsley Canned Mikan-Orange
Snack	Milk Cocoa Pancake	Milk Apple Jerry	Barley Tea Rice Ball	Milk Raisin Steam Bread	Milk Mashed Potato Cake	Milk Sesame Cookie	Barley Tea Fruits Yogurt	Milk Brown Sugar Rusk	Milk Jerry, Rice Cracker		Milk Cocoa Pudding	Milk Soybean Curd Doughnuts	Milk Cheese, Biscuits	Milk Melon-Flavored Toast	Milk Boiled Macaroni	
Ingredient	Wheat Flour Cocoa Baking Powder Sugar Cooking Oil	Apple Juice Cocoa Agar	Rice Dried Bonito Flakes Soy Sauce	Wheat Flour Raisin Baking Powder Sugar Cooking Oil	Potato Starch Sliced Cheese	Egg Sugar Wheat Flour White Sesame	Plain Yogurt Banana Canned Mikan-Orange Sugar	Bread Brown Sugar			Milk Cocoa Agar Sugar	Soybean Curd Wheat Flour Sugar Baking Powder Cooking Oil	Cheese, Biscuits	Bread Unsalted Butter Granulated Sugar Wheat Flour	Macaroni Soybean Flour Sugar Salt	
Date	8/ 19(Mon)	8/ 20(Tue)	8/ 21(Wed)	8/ 22(Thu)	8/ 23(Fri)	8/ 24(Sat)	8/ 26(Mon)	8/ 27(Tue)	8/ 28(Wed)	8/ 29(Thu)	8/ 30(Fri)	8/ 31(Sat)				
Morning Snack	Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers				
Menu	Rice Grilled Salmon French Salad Consommé Soup Bananas	Rice Japanese Omelet Dressed Vegetables Soybean Paste Soup Apples	Rice Fried Whitefish Soybean Sprout Salad Soybean Paste Soup Bananas	Rice Simmered Liver Dressed Mustard Spinach Egg Soup Mini Jelly	Rice Corn-mixed Rice Grilled Chicken Thousand Salad Vegetables Soup Oranges	Rice Pork Bowl Seasoned Vegetables Soybean Paste Soup Cannes Mikan-Orange	Rice Korean Fried Chicken Korean Salad Chinese Soup Bananas	Rice Stir-Fried Spork Simmered Soybean Curd Soybean Paste Soup Mini Jelly	Rice Grilled Salmon Simmered Soybean Curd Clear Soup Apples	Rice Bread Roll Simmered Chicken Spinach Salad Consommé Soup Bananas	Rice Grilled Whitefish Dressed Vegetables Soybean Paste Soup Oranges	Rice Shrimp-Flavor Crackers Egg, Chicken & Spinach Bowl Seasoned Cucumber Soybean Paste Soup Cannes Peaches				
Ingredient	Rice Salmon Salt Mayonnaise Cream Corn Parsley Cabbage Cucumber Loin Ham Carrot Vinegar Cooking Oil Sugar Salt Onion Carrot Macaroni Consommé Banana	Rice Egg Chicken Shiitake-Mushroom Carrot Onion Carrot Soy Sauce Green Pepper Yellow Bell Pepper Sugar Salt Japanese Mustard Spinach Soybean Sprout Carrot Fermented Soybean Soy Sauce Sugar Squash Onion Fried Soybean Curd Dried Yonge Sardine Soybean Paste Apple	Rice Cod Fish Starch Cooking Oil Onion Carrot Green Pepper Soy Sauce Yellow Bell Pepper Sugar Salt Vinegar Soybean Sprout Spinach Carrot Ketchup Corn Tuna Flakes Sesame Oil Vinegar Soy Sauce Sugar Salt Starch Carrot Dried Young Sardine Soybean Paste Banana	Rice Chicken Liver Konjac Carrot Garlic Ginger Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine Soybean Curd Spinach Soybean Sprout Carrot Ketchup Soy Sauce Sugar White Sesame Egg Enoki-Mushroom Onion Wakame-Seaweed Natural Stock Soy Sauce Japanese Rice Wine Salt Orange Mini Jerry	Rice Corn Salt Chicken Marmalade Garlic Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Cooking Oil Cabbage Cucumber Carrot Ketchup Soy Sauce Non-Egg Mayonnaise Cooking Oil Lemon Juice Salt Potato Onion Carrot Shimeji-Mushroom Soy Sauce Japanese Rice Wine Salt Orange	Rice Pork Onion Carrot Green Onion Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Cooking Oil Soybean Sprout Spinach Carrot Sesame Oil Soy Sauce Vinegar Sugar Salt Onion Carrot Wakame-Seaweed Dried Young Sardine Soybean Paste Canned Mikan-Orange	Rice Chicken Sweet Rice Wine Salt Sesame Oil Starch Ketchup Soy Sauce Garlic Cabbage Cucumber Carrot Dried Seaweed Soy Sauce Sesame Oil Garlic Soybean Curd Onion Japanese Mustard Spinach Chinese Stock Banana	Rice Pork Fried Soybean Curd Carrot Onion Green Pepper Soy Sauce Sugar Vinegar Cooking Oil Starch Hijiki-Seaweed Soybean Carrot Tuna Flakes Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Shimeji-Mushroom Wakame-Seaweed Dried Young Sardine Soybean Paste Mini Jerry	Rice Salmon White Soybean Paste Sweet Rice Wine Sugar Freeze Dry Soybean Curd Egg Carrot Kidney Bean Natural Stocks Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Onion Carrot Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Apple	Bread Roll Chicken Potato Onion Carrot Green Pepper Tomato Consommé Ketchup Sugar Starch Spinach Cucumber Carrot Corn Cooking Oil Soy Sauce Vinegar Sugar Salt Enoki-Mushroom Onion Cabbage Consommé Banana	Rice Codfish Salt Soy Sauce Sweet Rice Wine White Sesame Japanese Mustard Spinach Soybean Sprout Carrot Dried Bay Sardine Soy Sauce Sugar Soybean Curd Onion Wakame-Seaweed Dried Young Sardine Soybean Paste Orange	Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Cucumber Carrot Fish Cake Vinegar Sugar Fried Soybean Curd Onion Carrot Dried Young Sardine Soybean Paste Canned Peach				
Snack	Milk Bracken-Starch Dumpling	Milk Pizza Toast	Milk Boiled Soybeans	Milk Okinawan Cookie	Milk Steam Bread	Milk Candied Sweet Potatoes	Milk Dried Young Sardine, Fruits	Milk Boiled Potatoes	Milk Yogurt Cake	Barley Tea Rice Ball	Milk Scone	Milk Rusk made of Starch				
Ingredient	Bracken-Starch Dumpling Brown Sugar Soybean Flour Sugar	Bread Onion, Green Pepper Bacon Ketchup Sliced Cheese	Soybean Soybean Wheat Sugar	Wheat Flour Sugar Cooking Oil Salt	Pancake Powder Egg Milk, Cooking Oil Squash Sugar, Cocoa Black Sesame	Sweet Potato Cooking Oil Sugar Starch Black Sesame	Dried Young Sardine Sugar White Sesame Apple	Potato Aosa-Seaweed Salt	Wheat Flour Baking Powder Sugar, Cooking Oil Plain Yogurt Cannes Pineapple	Rice Fried Soybean Curd Natural Stocks Soy Sauce Tuna Flakes Sugar, White Sesame	Pancake Powder Cooking Oil Corn Tuna Flakes	Starch Brown Sugar				

※Menu may change depending on the availability of ingredients.

