

Date	7/ 1(Mon)	7/ 2(Tue)	7/ 3(Wed)	7/ 4(Thu)	7/ 5(Fri)	7/ 6(Sat)	7/ 8(Mon)	7/ 9(Tue)	7/ 10(Wed)	7/ 11(Thu)	7/ 12(Fri)	7/ 13(Sat)	7/ 15(Mon)	7/ 16(Tue)	7/ 17(Wed)
Menu	Milk Rice Crackers Grilled Salmon Dressed Vegetables Soybean Paste Soup Bananas	Milk Vegetables Bar Spanish Omelet French Salad Soybean Paste Soup Apples	Milk Corn Snack Summer Vegetables Curry Spinach Salad Soybean Milk Soup Bananas	Milk Fried Crackers Rice Simmered White Fish White Radish Salad Soybean Paste Soup Oranges	Milk Corn Snack Some-Noodles Grilled Chicken Clear Soup Mini Jerry	Milk Crackers Chicken and Egg Bowl Simmered Cucumber Soybean Paste Soup Canned Peaches	Milk Rice Crackers Rice Grilled Chicken Dressed Soybean Paste Soup Bananas	Milk Vegetables Bar Champion Noodles Rice Ball Dressed Spinach Mini Jerry	Milk Fried Crackers Rice Grilled Whitefish Cabbage Salad Soybean Paste Soup Apples	Milk Shrimp-Flavor Crackers Rice Mapo Eggplant Dressed Soybean Sprout Oranges	Milk Corn Snack Rice Grilled Whitefish Japanese Mustard Spinach Salad Consommé Soup Bananas	Milk Crackers		Milk Rice Crackers Rice Grilled White Fish Simmered Hijiki-Seaweed Soybean Paste Soup Apples	Milk Vegetables Bar Rice Chinese Omelet Corn Salad Wakame Soup Mini Jerry
Ingredient	Rice Salmon Soy Sauce Japanese Rice Wine Sweet Rice Wine Black Sesame Japanese Mustard Spinach Soybean Sprout Carrot Dried Seaweed Fermented Soybean Soy Sauce Sugar Starch Onion Wakame-Seaweed Dried Young Sardine Soybean Paste Banana	Egg Bacon Potato Onion Carrot Salt Ketchup Parsley Cabbage Carrot Corn Vinegar Cooking Oil Sugar Enoki-Mushroom Onion Consommé Apple	Rice Pork Egg Plant Ginger Onion Green Pepper Curry Roux Cooking Oil Spinach Soybean Sprout Carrot Tuna Flakes Mayonnaise Chinese Cabbage Carrot Shimeji-Mushroom Soy Milk Consommé Banana	Rice Codfish Ginger Soy Sauce Japanese Rice Wine Sweet Rice Wine Sugar Dried White Radish Cucumber Carrot White Sesame Cooking Oil Soy Sauce Vinegar Garlic Ginger Sweet Rice Wine Japanese Rice Wine Sugar Onion Fried Soybean Curd Japanese Mustard Spinach Dried Young Sardine Soybean Paste Orange	Somen-Noodle Lion Ham Egg Cabbage Cucumber Tomato Egg Salt Natural Stocks Soy Sauce Japanese Rice Wine Dried Seaweed Cucumber Cabbage Carrot Red Fish Cake White Sesame Vinegar Sugar Onion Potato Wakame-Seaweed Dried Young Sardine Soybean Paste Onion Carrot Ball-shaped Starch Green Onion Natural Stocks Soy Sauce, Japanese Rice Wine Sweet Rice Wine, Salt Mini Jerry	Rice Chicken Egg Squash Onion Green Pea Natural Stocks Soy Sauce Carrot Dried Seaweed Cucumber Cabbage Carrot Red Fish Cake White Sesame Vinegar Sugar Onion Potato Wakame-Seaweed Dried Young Sardine Soybean Paste Canned Peach	Rice Chicken Egg Butter Onion Red Fish Cake Corn Sesame Oil Soybean Sprout Carrot Chinese Stocks Sweet Rice Wine Sugar Potato Onion Red Fish Cake Dried Young Sardine Soybean Paste Banana	Chinese Noodles Pork Cabbage Carrot Mayonnaise Powder Cheese Bread Crumbs Parsley Cabbage Cucumber Bell Pepper Tuna Flakes Vinegar Cooking Oil Sugar Salt Spinach Soybean Sprout Carrot White Sesame Vinegar Sugar Mini Jerry	Rice Codfish Salt Egg Plant Onion Canned Cream Corn Parsley Japanese Mustard Spinach Soybean Sprout Soybean Paste Sugar Japanese Rice Wine Soy Sauce Sesame Oil Starch Dried White Radish Stripes Potato Vinegar Green Onion Dried Young Sardine Soybean Paste Apple	Rice Codfish Salt Mayonnaise Canned Cream Corn Parsley Japanese Mustard Spinach Soybean Sprout Loin Ham Carrot Vinegar Soy Sauce Sesame Oil Starch Soybean Sprout Cucumber Corn Sesame Oil Vinegar Macaroni Parsley Consommé Banana		Public Holiday (Marine Day)	Rice Cod Fish Salt Japanese Rice Wine Sweet Rice Wine Hijiki-Seaweed Fried Soybean Curd Soybean Carrot Sesame Oil Salt Soybean Paste Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Japanese Mustard Spinach Onion Potato Sugar Dried Young Sardine Soybean Paste Apple	Rice Egg Soy Sauce Carrot Onion Green Pepper Red Fish Cake Sesame Oil Salt Corn Soybean Sprout Cucumber Bell Pepper Vinegar Cooking Oil Soy Sauce Wakame-Seaweed Onion Shimeji-Mushroom Chinese Stocks Mini Jerry	
Snack	Milk Boiled Potato Potato Aosa Seaweed Salt	Milk Cheese Cookie Wheat Flour Sugar Cooking Oil Salt Powder Cheese	Milk Brown Sugar Rusk Bread Brown Sugar	Barley Tea Jam Yogurt Plain Yogurt Strawberry Jam	Milk Fruits Punch Watermelon Canned Pineapples Canned Mikan-Orange Banana	Milk Steamed Sweet Potatoes Sweet Potato Salt	Milk Boiled Macaroni Macaroni Soybean Flour Sugar Salt	Barley Tea Rice Ball Rice Salmon Flakes	Milk Cheese Steamed Bread Wheat Flour Processed Cheese Baking Powder Sugar Cooking Oil	Milk Bread Bread Dried Baby Sardine Mayonnaise Aosa Seaweed Powder Cheese	Milk Milk Jerry Milk Canned Mikan-Orange Sugar	Milk Jerry, Rice Cracker		Milk Soybean Curd Doughnuts Soybean Curd Wheat Flour Agar Baking Powder Cooking Oil	Milk Snacks, Fruits Snacks Banana
Menu	Bread Roll Tandoori Chicken Caesar Salad Milk Soup Oranges	Rice Grilled White Fish Dressed Spinach Clear Soup Bananas	Milk Pork and Vegetables Bowl Simmered Fried Soybean Curd Soybean Paste Soup Canned Pineapples	Rice Grilled Whitefish Egg Salad Consommé Soup Mini Jerry	Milk Fried Whitefish Hijiki-Salad Soybean Paste Soup Mini Jerry	Milk Fried Whitefish Cabbage Salad Soybean Paste Soup Oranges	Milk Stir-fried Pork and Green Pepper Cucumber Salad Clear Soup B	Milk Shrimp-Flavor Crackers Rice Stir-Fried Liver Cabbage Salad Vegetables Soup Apples	Milk Corn Snack Rice Grilled Salmon Simmered Freeze-Dry Soybean Curd Soybean Paste Soup Bananas	Milk Crackers Rice Grilled Chicken Dressed Vegetables Consommés Soup Oranges	Milk Rice Crackers Rice Grilled Chicken Dressed Vegetables Consommés Soup Oranges	Milk Vegetables Bar Rice Chile Con Carne Ham Salad Milk Soup Apples			
Ingredient	Bread Roll Chicken Salt Japanese Rice Wine Plain Yogurt Curry Powder Ketchup Garlic Sugar Cabbage Cucumber Carrot Mayonnaise Vinegar Powder Cheese Garlic Sugar Bacon Onion Potato Carrot Milk Consommé Parsley Orange	Codfish Ginger Japanese Rice Wine Sugar Sweet Rice Wine Soybean Paste Spinach Soybean Sprout Carrot Soy Sauce Sugar Enoki-Mushroom Onion Soybean Curd Green Onion Natural Stocks Soy Sauce Japanese Rice Wine Sweet Rice Wine Banana	Rice Pork Onion Soy Sauce Japanese Rice Wine Sugar Garlic Ginger Sesame Oil Japanese Mustard Spinach Soybean Sprout Carrot Sesame Oil Soybean Sprout Carrot Vinegar Soy Sauce White Sesame Fried Soybean Curd Kidney bean Shiitake-Mushroom Natural Stocks Spinach Sugar Sweet Rice Wine Japanese Rice Wine	Rice Codfish Salt Japanese Rice Wine Carrot Mayonnaise Powder Cheese Ginger Parsley Egg Cabbage Soybean Sprout Carrot Vinegar Soy Sauce Hijiki-Seaweed Cucumber Carrot Soybean Vinegar Cooking Oil Salt Onion Potato Spinach Consommé Banana	Rice Chicken Starch Salt Japanese Rice Wine Carrot Ginger White Sesame Soy Sauce Sugar Wakame-Seaweed Egg Plant Onion Dried Young Sardine Soybean Paste Sugar Salt Onion Wakame-Seaweed Green Onion Dried Young Sardine Soybean Paste Mini Jerry	Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Spinach Soybean Sprout Tuna Flakes Soy Sauce Sugar Cucumber Carrot White Sesame Mayonnaise Squash Onion Enoki-Mushroom Consommé Banana	Pork Green Pepper Potato Soybean Sprout Carrot Oyster Sauce Soy Sauce Japanese Rice Wine Chinese Stocks Sugar Salt Sesame Oil Cucumber Tomato Lion Ham Vinegar Cooking Oil Sugar Salt Onion Wakame-Seaweed Natural Stocks Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Banana	Chicken Liver Ginger Soy Sauce Starch Potato Cooking Oil Ketchup Sugar Japanese Rice Wine Worcestershire Sauce Parsley Cabbage Cucumber Carrot White Sesame Mayonnaise Apple	Salmon Salt Sliced Cheese Starch Freeze-Dry Soybean Curd Shiitake-Mushroom Kidney Bean Natural Stocks Soy Sauce Sugar Japanese Rice Wine Sweet Rice Wine Japanese Mustard Spinach Onion Potato Dried Young Sardine Soybean Paste Banana	Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine Soybean Curd Cabbage Carrot White Sesame Mayonnaise Soy Sauce Sugar Corn Onion Carrot Consommé Orange	Soybean Chicken Onion Carrot Garlic Tomato Ketchup Consommé Sugar Salt Cooking Oil Cabbage Cucumber Loin Ham Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Enoki-Mushroom Carrot Milk Consommé Parsley Apple				
Snack	Barley Tea Wakame Rice Ball Rice Wakame-Seaweed Salt	Milk Bread Pudding Bread Egg Milk Sugar	Milk Rusk Made of Starch Starch Brown Sugar	Milk Lemon Cake Pancake Powder Egg Unsalted Butter Granulated Sugar Lemon Juice	Milk Dried Young Sardine, Fruits Dried Young Sardine Light Brown Sugar Mayonnaise Curry Powder Apples	Milk Cocoa Pudding Cocoa Agar Sugar	Milk Yogurt Cake Plain Yogurt Wheat Flour Egg Raisin Baking Powder Cooking Oil Sugar	Milk Brackeen Starch Dumpling Brackeen Starch Crewet Sugar Soybean Flour Sugar	Milk Heart-shaped Pie, Cheese Pancake Powder Egg Egg	Milk Candied Sweet Potatoes Sweet Potato Cooking Oil Sugar Starch Black Sesame	Milk Corn Stem Bread Wheat Flour Corn Ham Milk Baking Powder Sugar Cooking Oil				

※Menu may change depending on the availability of ingredients.

