

June 2024

Menu and Ingredient

Ssasebo Ekimae Nusery Center
Sasebo Davnurserv

Date	6/ 1(Sat)	6/ 3(Mon)	6/ 4(Tue)	6/ 5(Wed)	6/ 6(Thu)	6/ 7(Fri)	6/ 8(Sat)	6/ 10(Mon)	6/ 11(Tue)	6/ 12(Wed)	6/ 13(Thu)	6/ 14(Fri)	6/ 15(Sat)	6/ 17(Mon)
Morning Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack	Milk Crackers	Milk Rice Crackers
Menu	Rice Fried White Fish Dressed Spinach Soybean Paste Soup Mini Jerry	Rice Hijiki Omelet Cucumber Salad Soybean Paste Soup Apples	Rice Hijiki Omelet Cucumber Salad Soybean Paste Soup Apples	Rice Shimmered Chicken Liver Potato Salad Vegetables Soup Bananas	Rice Grilled Chicken Cabbage Salad Soybean Paste Soup Oranges	Rice Grilled Salmon Shimmered Hijiki-Seaweed Clear Soup Apples	Spaghetti- Meat Sauce Corn Salad Milk Soup Cannes Mikan-Orange	Rice Grilled Chicken Dressed Mustard Spinach Soybean Paste Soup Bananas	Rice Grilled Salmon Stir-Fried White Radish Soybean Paste Soup Apples	Rice Curry and Rice French Salad Vegetables Soup Apples	Rice Shimmered White Fish Dressed Spinach Soybean Paste Soup Bananas	Rice Korean Fried Chicken Soybean Sprout Salad Egg Soup Oranges	Rice Grilled White Fish Mustard Spinach Salad Soybean Paste Soup Apples	Rice Grilled White Fish Mustard Spinach Salad Soybean Paste Soup Apples
Ingredient	Box Lunch Day Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Spinach Soybean Sprout Corn Soy Sauce Sugar Onion Carrot Wakame-Seaweed Dried Young Sardine Soybean Paste Mini Jerry	Box Lunch Day Rice Egg Hijiki-Seaweed Carrot Onion Shiitake-Mushroom Soy Sauce Sugar Salt Cucumber Soybean Carrot Tuna Flakes Vinegar Soy Sauce Sugar Cooking Oil Salt Soybean Curd Japanese Mustard Spinach Dred White Radish Stripes Dried Young Sardine Soybean Paste Apple	Box Lunch Day Rice Egg Hijiki-Seaweed Carrot Onion Shiitake-Mushroom Soy Sauce Sugar Salt Cucumber Soybean Carrot Tuna Flakes Vinegar Soy Sauce Sugar Cooking Oil Salt Soybean Curd Japanese Mustard Spinach Dred White Radish Stripes Dried Young Sardine Soybean Paste Apple	Box Lunch Day Rice Chicken Liver Onion Carrot Ketchup Salt Worcestershire Sauce Say Sauce Curry Powder Potato Cucumber Loin Ham Carrot Dried Bonito Flakes Mayonnaise Soy Sauce Onion Cabbage Shimeji-Mushroom Consommé Banana	Box Lunch Day Rice Chicken White Soybean Paste Sweet Wine Sugar Ginger Starch Cabbage Soybean Sprout Corn Vinegar Soy Sauce Cooking Oil Sugar Salt Starch Onion Carrot Dried Young Sardine Soybean Paste Orange	Box Lunch Day Rice Salmon Onion White Soybean Paste Sweet Wine Sugar Hijiki-Seaweed Carrot Fried Soybean Curd Green Pea Natural Stock Soy Sauce Sweet Wine Japanese Rice Wine Sesame Oil Enoki-Mushroom Onion Carrot Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Wine Salt Apple	Box Lunch Day Spaghetti Pork Onion Carrot Green Pepper Tomato Ketchup Consommé Salt Cooking Oil Cabbage Cucumber Corn Vinegar Cooking Oil Salt Onion Potato Spinach Milk Consommé Cannes Mikan-Orange	Box Lunch Day Rice Chicken Salt Soy Sauce Sweet Rice Wine Black Sesame Soybean Curd Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar Onion Carrot Dried Young Sardine Soybean Paste Banana	Box Lunch Day Rice Salmon Salt Mixed Cheese Dried White Radish Stripe Carrot Green Pepper Vienna Sausage Ketchup Sugar Salt Cooking Oil Onion Squash Green Onion Dried Young Sardine Soybean Paste Mini Jerry	Box Lunch Day Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Cabbage Cucumber Tuna Flakes Ketchup Sugar Salt Cooking Oil Shimeji-Mushroom Carrot Onion Consommé Parsley Apple	Box Lunch Day Rice Codfish Sweet Rice Wine Salt Sesame Oil Starch Ketchup Soy Sauce Spinach Enoki-Mushroom Dried Bonito Flakes Soy Sauce Sugar Onion Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste Banana	Box Lunch Day Rice Chicken Sweet Rice Wine Salt Sesame Oil Starch Ketchup Soy Sauce Spinach Enoki-Mushroom Dried Bonito Flakes Soy Sauce Sugar Onion Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste Banana	Box Lunch Day Rice Cod Fish Salt Mayonnaise Cream Corn Parsley Japanese Mustard Spinach Soybean Sprout Carrot Vinegar Soy Sauce Sesame Oil Sugar Salt Potato Onion Carrot Dried Young Sardine Soybean Paste Apple	
Snack	Milk Cheese, Biscuits	Milk Cheese Steamed Bread	Milk Yogurt Cake	Milk Sesame Cookie	Milk Boiled Macaroni	Milk Melon-Flavor Toast	Barley Tea Wakame Rice Ball	Milk Pancake	Milk Bracken-Starch Dumpling	Milk Pizza Toast	Milk Potato Dumpling	Milk Dried Young Sardine Apples	Milk JERRY, Rice Cracker	Milk Steamed Bread
Ingredient	Wheat Flour Processed Cheese Baking Powder Sugar Cooking Oil	Wheat Flour Processed Cheese Baking Powder Sugar, Cooking Oil Plain Yogurt Canned Pineapple	Wheat Flour Baking Powder Sugar, Cooking Oil Plain Yogurt Canned Pineapple	Egg Sugar Wheat Flour White Sesame	Macaroni Soybean Flour Sugar Salt	Bread Unsalted Butter Granulated Sugar Wheat Flour	Rice Wakame-Seaweed Salt	Pancake Powder Milk Egg	Bracken Starch Flour Brown Sugar Soybean Flour Sugar	Bread Onion, Green Pepper Bacon Ketchup Slice Cheese	Potato Starch Cooking Oil Mixed Cheese	Dried Young Sardine Sugar White Sesame Apple	Bread Sugar White Sesame Apple	Wheat Flour Soybean Flour Baking Powder Sugar Cooking Oil
Date	6/ 18(Tue)	6/ 19(Wed)	6/ 20(Thu)	6/ 21(Fri)	6/ 22(Sat)	6/ 24(Mon)	6/ 25(Tue)	6/ 26(Wed)	6/ 27(Thu)	6/ 28(Fri)	6/ 29(Sat)			
Morning Snack	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Corn Snack	Milk Crackers			
Menu	Rice Tuna Omelet Hijiki Salad Consommé Soup Bananas	Rice Mapo Tofu Seasoned Soybean Sprout Bean-Starch Vermicelli Soup Oranges	Bread Rolls Pork Beans Cabbage Salad Soybean Milk Apples	Rice Grilled Salmon Shimmered Soybean Curd Soybean Paste Soup Bananas	Rice Starchy Sauce Rice Bowl Korean Salad Wakame Soup Cannes Peaches	Rice Grilled Chicken Dressed Vegetables Vegetables Soup Mini Jerry	Rice Fried White Fish Dressed Vegetables Soybean Paste Soup Apples	Rice Okinawan Stir-Fried Dish Egg Salad Soybean Paste Soup Banana	Rice Grilled White Fish Dressed Mustard Spinach Clear Soup Oranges	Rice Hamburg Steak Coleslaw Milk Soup Apples	Rice			
Ingredient	Box Lunch Day Rice Egg Tuna Flakes Onion Carrot Salt Parsley Ketchup Hijiki-Seaweed Cucumber Tuna Flakes Corn Mayonnaise Soy Sauce Sugar Banana	Box Lunch Day Rice Soybean Curd Pork Onion Carrot Green Onion Ginger, Garlic Soybean Paste, Red Soybean Paste Sugar Soy Sauce, Rice wine Sesame Oil Starch Soybean Sprout Spinach Loin Ham White Sesame Sesame Oil Onion Shimeji-Mushroom Consommé	Box Lunch Day Bread Rolls Pork Soybean Potato Onion Carrot Green Pepper Tomato Consommé Salt Ketchup Sugar Starch Cabbage Cucumber Carrot Cooking Oil, Vinegar Sugar, Salt Corn Onion Japanese Mustard Spinach	Box Lunch Day Rice Salmon Japanese Rice Wine Salt Freeze Dry Soybean Curd Egg Carrot Green Pea Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Sesame Oil Starch Cabbage Cucumber Onion Dried Seaweed Sesame Oil Soy Sauce Sugar Garlic	Box Lunch Day Rice Pork Cabbage Onion Carrot Red Fish Cake Chinese Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Sesame Oil Starch Cabbage Cucumber Onion Dried Seaweed Sesame Oil Soy Sauce Sugar Garlic Wakame-Seaweed Onion Shiitake-Mushroom Chinese Stock Canned Peach	Box Lunch Day Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine Soybean Curd Cabbage Carrot White Sesame Mayonnaise Soy Sauce Sugar Potato Onion Carrot Consommé Mini Jerry	Box Lunch Day Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce Sugar Vinegar Starch Fermented Soybean Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Cooking Oil Sugar Salt Onion Shimeji-Mushroom Dried Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste Apple	Box Lunch Day Rice Dried Soybean Curd Pork Onion Spinach Salt Soy Sauce Sweet Rice Wine Sesame Oil Dried Bonito Flakes Egg Cucumber Carrot Corn Vinegar Soy Sauce Cooking Oil Sugar Salt Starch Onion Carrot Dried Young Sardine Soybean Paste Banana	Box Lunch Day Rice Codfish Ginger Sugar Japanese Rice Wine Sweet Rice Wine Soybean Paste Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar Soybean Curd Onion Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Orange	Box Lunch Day Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Ketchup Cabbage Soybean Sprout Carrot Tuna Flakes Mayonnaise Sugar Salt Potato Onion Carrot Bacon Milk Consommé Parsley Apple				
Snack	Milk Candied Sweet Potatoes	Milk Pineapple Cake	Barley Tea Rice Ball	Milk Brown Sugar Rusk	Milk Simmered Sweet Potatoes	Barley Tea Fruits Yogurt	Milk Corn Steamed Bread	Milk Milk Dumpling	Milk Dried Baby Sardine Toast	Milk Milk Jerry	Milk Cheese, Heart-Shaped Pie			
Ingredient	Sweet Potato Cooking Oil Sugar Starch Black Sesame	Canned Pineapple Wheat Flour Egg Sugar Cooking Oil	Rice Fried Soybean Curd Natural Stock Soy Sauce, Sugar White Sesame	Bread Brown Sugar	Sweet Potato Lemon Juice Sugar Salt	Plain Yogurt Apple Canned Mikan-Orange Sugar	Wheat Flour Corn Baking Powder Sugar Cooking Oil	Milk Starch Sugar Soybean Flour Sugar	Dried Baby Sardine Mayonnaise Aosa-Seaweed Parnesan Cheese	Milk Grape Juice Sugar Agar				

※Menu may change depending on the availability of ingredients.