

Date	5/ 1(Wed)	5/ 2(Thu)	5/ 3(Fri)	5/ 4(Sat)	5/ 6(Mon)	5/ 7(Tue)	5/ 8(Wed)	5/ 9(Thu)	5/ 10(Fri)	5/ 11(Sat)	5/ 13(Mon)	5/ 14(Tue)	5/ 15(Wed)	5/ 16(Thu)	5/ 17(Fri)
Menu	Milk Crackers Rice Stir-Fried Pork Spinach Salad Soybean Paste Soup Apples	Milk Rice Crackers Rice Grilled White Fish Simmered Hijiki-Seaweed Soybean Paste Soup Oranges				Milk Vegetables Bar Rice Fried White Fish Dressed Spinach Soybean Paste Soup Bananas	Milk Fried Crackers Rice Cheese Omelet Coleslaw Vegetables Soup Apples	Milk Shrimp-Flavor Crackers Rice Chili Con Carne Mustard Spinach Salad Soybean Paste Soup Apples	Milk Corn Snack Rice Grilled Salmon White Radish Salad Soybean Paste Soup Apples	Milk Crackers	Milk Rice Crackers Rice Tandoori Chicken French Salad Vegetables Soup Bananas	Milk Vegetables Bar Rice Grilled White Fish Simmered Soybean Curd Soybean Paste Soup Oranges	Milk Fried Crackers Rice Fried Chicken Soybean Sprout Salad Egg Soup Apples	Milk Shrimp-Flavor Crackers Rice Bread Roll Fried White Fish Cabbage Salad Milk Soup Bananas	Milk Corn Snack Rice Simmered Chicken Liver Dressed Mustard Spinach Clear Soup Oranges
Ingredient	Rice Pork Carrot Onion Green Pepper Soy Sauce Sugar Vinegar Cooking Oil Starch Spinach Soybean Sprout Carrot Loin Ham White Sesame Vinegar Soy Sauce Cooking Oil Sugar Salt Potato Onion Shimeji-Mushroom Green Onion Dried Young Sardine Soybean Paste Apple	Rice Codfish Salt Soy Sauce Sweet Rice Wine White Sesame Hijiki-Seaweed Soybean Carrot Kidney Bean Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Sesame Oil Onion Carrot Japanese Mustard Spinach Dried Young Sardine Soybean Paste Orange	Public Holiday (Constitution Day)	Public Holiday (Green Day)	Observed Holiday	Codfish Salt Starch Aosa-Seaweed Cooking Oil Soybean Curd Spinach Soybean Sprout Carrot Soy Sauce Sugar Onion Squash Dried Young Sardine Soybean Paste Banana	Rice Egg Cheese Carrot Onion Salt Ketchup Parsley Cabbage Carrot Loin Ham Mayonnaise Sugar Salt Potato Onion Shimeji-Mushroom Parsley Consommé Apple	Rice Soybean Chicken Onion Carrot Garlic Tomato Ketchup Consommé Water Carrot Loin Ham Salt Cooking Oil Japanese Mustard Spinach Soybean Sprout Corn Vinegar Soy Sauce Cooking Oil Sugar Salt Cabbage Onion Carrot Soybean Salt Orange	Rice Salmon Salt Mayonnaise Cream Corn Parsley Dried White Radish Stripes Cucumber Carrot Vinegar Soy Sauce Sesame Oil Sugar Salt Onion Potato Spinach Dried Young Sardine Soybean Paste Apple	Box Lunch Day	Chicken Salt Japanese Rice Wine Plain Yogurt Curry Powder Ketchup Garlic Sugar Cabbage Cucumber Tuna Flakes Corn Vinegar Cooking Oil Salt Onion Carrot Japanese Mustard Spinach Consommé Banana	Codfish Soy Sauce Japanese Rice Wine Sweet Rice Wine Freeze-Dry Soybean Curd Carrot Shiitake-Mushroom Kidney Bean Natural Stock Soy Sauce Sugar Japanese Rice Wine Sweet Rice Wine Wakame-Seaweed Onion Squash Dried Young Sardine Soybean Paste Oranges	Chicken Ginger Garlic Soy Sauce Sweet Rice Wine Japanese Rice Wine Sugar Starch Cooking Oil Soybean Sprout Cucumber Carrot Cooking Oil Sugar Salt White Sesame Sesame Oil Soy Sauce Vinegar Sugar Salt Egg Spinach Enoki-Mushroom Chinese Stock Apple	Codfish Salt Japanese Rice Wine Wheat Flour Bread Crumbs Powder Cheese Parsley Cooking Oil Cabbage Cucumber Carrot Vinegar Cooking Oil Sugar Salt Onion Potato Shimeji-Mushroom Milk Consommé Parsley Banana	Bread Roll Japanese Mustard Spinach Soybean Sprout Carrot Dried Bonito Flakes Soy Sauce Sugar Salt Soybean Curd Starch Onion Green Onion Natural Stock Soy Sauce Japanese Rice Wine Salt Orange
Snack	Milk Pancake Pancake Powder Milk Egg	Milk Boiled Macaroni Milk Soybean Flour Sugar Salt				Milk Brown Sugar Rusk Bread Brown Sugar	Milk Okinawan Cookie Wheat Flour Sugar Cooking Oil Salt	Green Tea Fruits Yogurt Pain Yogurt Banana Canned Mikan-Orange Sugar	Milk Cheese Steamed Bread Milk Processed Cheese Baking Powder Sugar Cooking Oil	Milk Rice Crackers, Jerry	Milk Cocoa Pudding Carrot & Milk Steamed Bread Carrot Wheat Flour Milk Baking Powder Sugar Cooking Oil	Milk Carrot & Milk Steamed Bread Carrot Wheat Flour Milk Baking Powder Curry Powder Orange	Milk Rice Ball Rice Ball Soybean Paste Pork Onion Soy Sauce, Sugar	Green Tea Rice Ball Rice Ball Soybean Paste Pork Onion Soy Sauce, Sugar	Milk Pizza Toast Bread Onion, Vienna Sausage Green Pepper Ketchup Sliced Cheese
Date	5/ 18(Sat)	5/ 20(Mon)	5/ 21(Tue)	5/ 22(Wed)	5/ 23(Thu)	5/ 24(Fri)	5/ 25(Sat)	5/ 27(Mon)	5/ 28(Tue)	5/ 29(Wed)	5/ 30(Thu)	5/ 31(Fri)			
Menu	Milk Crackers Chicken and Egg Bowl Seasoned Wakame-Seaweed Soybean Paste Soup Canned Peaches	Milk Rice Crackers Rice Chinese Omelet Seasoned Vegetables Bean-Starch vermicelli Soup Apples	Milk Vegetables Bar Stir-Fried Noodles Rice Ball Dressed Spinach Soybean Paste Soup Bananas	Milk Fried Crackers Rice Grilled Salmon Cabbage Salad Soybean Paste Soup Oranges	Milk Shrimp-Flavor Crackers Hushed Pork and Rice Soybean Salad Vegetables Soup Apples	Milk Corn Snack Rice Grilled White Fish Macaroni Salad Clear Soup Bananas		Milk Rice Crackers Rice Grilled Chicken Mustard Spinach Salad Vegetables Soup Apples	Milk Vegetables Bar Rice Simmered Soybean Curd Egg Salad Milk Soup Bananas	Milk Fried Crackers Rice Grilled White Fish Dressed Vegetables Clear Soup Oranges	Milk Shrimp-Flavor Crackers Rice Fried Soybean Curd Soybean Sprout Salad Soybean Paste Soup Apples	Milk Corn Snack Rice Green Pea Rice Grilled Salmon Simmered Potatoes Soybean Paste Soup Bananas			
Ingredient	Rice Chicken Egg Carrot Onion Green Onion Natural Stock Soy Sauce Sugar Japanese Rice Wine Dried Seaweed Wakame-Seaweed Cucumber Soybean Sprout Carrot Red Fish Cake Vinegar Sugar Green Onion Fried Soybean Curd Japanese Mustard Spinach Dried Young Sardine Soybean Paste Canned Peach	Rice Egg Soy Sauce Carrot Onion Green Pepper Cooking Oil Red Fish Cake Sesame Oil Salt Chinese Stock Soybean Sprout Japanese Mustard Spinach Carrot Corn White Sesame Vinegar Soybean Paste Soy Sauce Salt Bean-Starch vermicelli Soup Wakame-Seaweed Onion Chinese Stock Apple	Chinese Noodles Pork Cabbage Carrot Onion Green Pepper Cooking Oil Worcestershire Sauce Salt Rice Dried Bonito Flakes Soy Sauce Soybean Curd Spinach Soybean Sprout Carrot Soy Sauce Sugar Salt Banana	Rice Salmon Salt Onion Mayonnaise Parsley Cabbage Cucumber Corn Tomato Vinegar Cooking Oil Sugar Salt Onion Carrot Cucumber Tuna Flakes Mayonnaise White Radish Carrot Shimeji-Mushroom Salt Orange	Rice Pork Onion Mushroom Brown Roux Cooking Oil Soybean Cucumber Corn Tomato Vinegar Cooking Oil Sugar Salt Onion Soybean Sprout Cabbage Consommé Apple	Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce Sugar Vinegar Starch Macaroni Carrot Cucumber Tuna Flakes Mayonnaise Onion Soybean Curd Wakame-Seaweed Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Banana	Box Lunch Day	Rice Chicken Salt Butter Japanese Mustard Spinach Soybean Sprout Green Pepper Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Carrot Shimeji-Mushroom Dried Young Sardine Soybean Paste Apple	Rice Soybean Curd Pork Ginger Shiitake-Mushroom Onion Carrot Potato Green Pepper Soy Sauce Sesame Oil, Sugar Salt, Soy Sauce Egg Cabbage Cucumber Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Squash Soybean Sprout Bacon Milk Consommé Parsley Banana	Rice Codfish Onion Lotus Root Carrot Corn Soybean Paste Mayonnaise Sweet Rice Wine Sesame Oil Fermented Soybean Spinach Cucumber Dried Baby Sardine Soy Sauce Sugar Onion Carrot Wakame-Seaweed Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Orange Salt Orange	Rice Soybean Curd Hijiki-Seaweed Corn Carrot Green Soybean White Sesame Sugar Soy Sauce Starch Cooking Oil Soybean Sprout Japanese Mustard Spinach Tuna Flakes Carrot White Sesame Sesame Oil Vinegar Soy Sauce Salt Onion Fried Soybean Curd Enoki-Mushroom Green Onion Dried Young Sardine Soybean Paste Apple	Rice Green Pea Salt Salmon Japanese Rice Wine Salt Potato Pork Kidney Bean Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Starch Onion Spinach Carrot Dried Young Sardine Soybean Paste Banana			
Snack	Milk Rusk made from Starch Starch Brown Sugar	Milk Mashed Potatoes Potato Butter	Milk Fried Cracker, Jerry	Milk Bread Pudding Bread Egg Milk Sugar	Milk Bracken-Starch Dumpling Bracken-Starch Flour Brown Sugar Soybean Flour Sugar	Milk Green Tea Cake Green Tea Wheat Flour Egg Sugar Cooking Oil	Milk Biscuits, Cheese	Milk Mashed Potatoes Potato Starch Butter Cooking Oil Cheese	Milk Lemon Cake Pancake Powder Egg Unsalted Butter Granulated Sugar Lemon Juice	Milk Simmered Sweet Potatoes Sweet Potato Sugar Salt	Green Tea Milk Jerry Canned Peach Milk Sugar Agar	Milk Doughnuts Wheat Flour Baking Powder Sugar, Milk, Cooking Oil Egg Soybean Flour, Sugar, Salt			

※Menu may change depending on the availability of ingredients.

