

Date	4/1 (Mon)	4/2 (Tue)	4/3 (Wed)	4/4 (Thu)	4/5 (Fri)	4/6 (Sat)	4/8 (Mon)	4/9 (Tue)	4/10 (Wed)	4/11 (Thu)	4/12 (Fri)	4/13 (Fri)	4/15 (Mon)	4/16 (Tue)
Menu	Milk Rice Simmered White Fish Simmered Soybean Curd Soybean Paste Soup Bananas	Milk Crackers Rice Spanish Omelet Caesar Salad Soybean Paste Soup Apples	Milk Rice Crackers Rice Park Beans Cabbage Salad Vegetables Soup Canned Pineapples	Milk Vegetables Bar Rice Grilled Salmon Dressed Chinese Cabbage Clear Soup Oranges	Milk Fried Crackers Rice Pork Ginger Dressed Japanese Mustard Spinach Soybean Paste Soup Bananas	Milk Shrimp-Flavor Crackers Spaghetti- Meat Sauce French Salad Vegetables Soup Canned Peaches	Milk Rice Rice Grilled White Fish Simmered Hijiki-Seaweed Soybean Paste Soup Bananas	Milk Crackers Rice Mapo Tofu Mustard Spinach Salad Egg Soup Oranges	Milk Rice Crackers Rice Grilled Chicken Potato Salad Milk Soup Apples	Milk Vegetables Bar Rice Stir-fried Pork Seasoned Soybean Sprout Wakame Soup Bananas	Milk Fried Crackers Rice Fried White Fish Dressed Vegetables Soybean Paste Soup Oranges	Milk Shrimp-Flavor Crackers	Milk Milk-Bar Biscuit Rice Grilled Salmon Chinese Cabbage Salad Soybean Paste Soup Oranges	Milk Crackers Rice Tuna Omelet Dressed Vegetables Vegetables Soup Bananas
Ingredient	Rice Codfish Ginger Soy Sauce Japanese Rice Wine Sweet Rice Wine Sugar Freeze Dry Soybean Curd Carrot Shiitake Mushroom Kidney Beans Natural Stock Soy Sauce Sugar Japanese Rice Wine Sweet Rice Wine Fried Soybean Curd Wakame-Seaweed Onion Dried Young Sardine Soybean Paste Banana	Rice Egg Bacon Potato Onion Carrot Salt Parsley Ketchup Spinach Soybean Sprout Corn Mayonnaise Vinegar Parmesan Cheese Garlic Sugar Shimeji Mushroom Onion Onion Soybean Paste Banana Apple	Rice Pork Soybean Potato Onion Carrot Green Pepper Tomato Consommé Salt Sugar Cucumber Carrot Soy Sauce Sugar Japanese Mustard Spinach Soybean Sprout Carrot Dried Bonito Flakes Soy Sauce Sugar Cabbage Cucumber Tuna Flakes Cooking Oil Soy Sauce Vinegar Salt Carrot Soybean Sprout Parsley Consommé Canned Pineapples	Rice Salmon White Soybean Paste Sweet Rice Wine Sugar Soybean Curd Chinese Cabbage Cucumber Carrot Soy Sauce Sugar White Radish Carrot Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Orange	Rice Pork Onion Green Pepper Ginger Soy Sauce Sweet Rice Wine Japanese Rice Wine Cooking Oil Japanese Mustard Spinach Soybean Sprout Carrot Corn Cooking Oil Soy Sauce Sugar Squash Onion Fried Soybean Curd Dried Young Sardine Soybean Paste Banana	Spaghetti Pork Onion Carrot Tomato Ketchup Consommé Salt Sugar Cooking Oil Cabbage Carrot Corn Cooking Oil Soy Sauce Sugar Salt Onion Potato Spinach Consommé Canned Peach	Rice Codfish Salt Soy Sauce Sweet Rice Wine White Sesame Hijiki-Seaweed Fried Soybean Curd Carrot Green Pea Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Sesame Oil Squash Onion Fried Soybean Curd Dried Young Sardine Soybean Paste Banana	Rice Soybean Curd Pork Onion Carrot Green Onion Ginger Garlic Soybean Paste Red Soybean Paste Sugar Soy Sauce Japanese Rice Wine Sesame Oil Starch Japanese Mustard Spinach Soybean Sprout Loin Ham Cooking Oil Soy Sauce Vinegar Sugar Salt Egg Wakame-Seaweed White Radish Chinese Stock Orange	Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine Potato Tuna Flakes Cucumber Carrot Mayonnaise Sugar Salt Spinach Onion Carrot Corn Milk Consommé Apple	Rice Pork Bean-Starch Vermicelli Onion Carrot Green Pepper Chinese Stock Soy Sauce Sugar Japanese Rice Wine Sesame Oil Vinegar Soy Sauce Sugar Salt Enoki-Mushroom Soybean Sprout Wakame-Seaweed Chinese Stock Banana	Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Fermented Soybean Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar Chinese Cabbage Carrot Dried Young Sardine Soybean Paste Orange	Box Lunch Day	Rice Salmon Salt Mayonnaise Corn Cream Parsley Chinese Cabbage Soybean Sprout Carrot Tuna Flakes White Sesame Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Carrot Wakame-Seaweed Dried Young Sardine Soybean Paste Orange	Rice Egg Tuna Flakes Onion Carrot Salt Parsley Ketchup Soybean Curd Japanese Mustard Spinach Carrot Mayonnaise Soy Sauce Sugar Cabbage White Radish Shimeji-Mushroom Consommé Banana
Snack	Milk Cocoa Steamed Bread	Green Tea Mikan Yogurt	Milk Dried Baby Sardine Toast	Milk Cheese Cookie	Milk Brown Sugar Rusk	Milk Simmer Sweet Potatoes	Green Tea Banana Custard	Milk Boiled Macaroni	Milk French Toast	Milk Shortbread	Milk Biscuits, Cheese	Milk Simmered Soybeans	Milk Dried Young Sardine Apples	
Ingredient	Wheat Flour Cocoa Baking Powder Sugar Cooking Oil	Plain Yogurt Canned Mikan Orange Sugar	Bread Dried Baby Sardine Mayonnaise Aosa-Seaweed Grated Cheese	Wheat Flour Sugar Cooking Oil Salt Grated Cheese	Wheat Flour, Apple Baking Powder Egg Sugar, Butter	Sweet Potato Lemon Juice Sugar Salt	Banana Wheat Flour Sugar, Milk Egg Butter	Macaroni Soybean Flour Sugar Salt	Bread Milk Egg Sugar	Wheat Flour Sugar Cooking Oil		Soybean Soybean Flour Sugar Salt	Dried Young Sardine Sugar White Sesame Apple	
Menu	Milk Rice Crackers Curry and Rice Spinach Salad Soybean Milk Soup Apples	Milk Vegetables Bar Rice Grilled White Fish Dressed Japanese Mustard Spinach Soybean Paste Soup Bananas	Milk Fried Crackers Rice Stir-fried Chicken Liver Cabbage Salad Soybean Paste Soup Oranges	Milk Shrimp-Flavor Crackers Rice with toppings Seasoned Cucumber Soybean Paste Soup Canned Pine Apple	Milk Milk-Bar Biscuit Rice Grilled Chicken Dressed Spinach Egg Soup Bananas	Milk Crackers Rice Grilled Salmon Hijiki Salad Vegetables Soup Apples	Milk Rice Crackers Rice Simmered Pork White Radish Salad Soybean Paste Soup Canned Peaches	Milk Vegetables Bar Bread Fried White Fish Coleslaw Consommé Soup Bananas	Milk Fried Crackers Bamboo Shoot Rice Fried Chicken Mustard Spinach Salad Clear Soup Oranges	Milk Shrimp-Flavor Crackers	Milk Milk-Bar Biscuit Rice Grilled Chicken Dressed Soybean Sprout Soybean Paste Soup Bananas			
Ingredient	Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Spinach Cucumber Corn Vinegar Soy Sauce Cooking Oil Sugar Salt Cabbage Bacon Carrot Soybean Paste Banana Apple	Rice Codfish Soy Sauce Japanese Rice Wine Sweet Rice Wine Black Sesame Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar Onion Squash Carrot Dried Young Sardine Soybean Paste Banana	Rice Chicken Liver Ginger Japanese Rice Wine Soy Sauce Starch Potato Cooking Oil Ketchup Sugar Spinach Soybean Sprout Carrot Worcestershire Sauce Parsley Cabbage Cucumber Corn Soy Sauce Cooking Oil Vinegar Sugar Salt Spinach Onion Soybean Curd Dried Young Sardine Soybean Paste Orange	Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Soybean Sprout Carrot Corn Soy Sauce Carrot Wheat Gluten Cake Onion Carrot Dried Young Sardine Soybean Paste Canned Pineapple	Rice Chicken Soybean Paste Japanese Rice Wine Sweet Rice Wine Sugar Spinach Soybean Sprout Carrot Corn Soy Sauce Carrot Egg Onion Soybean Sprout Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Banana	Rice Salmon Onion Mayonnaise Parsley Hijiki-Seaweed Japanese Mustard Spinach Soybean Sprout Carrot Tuna Flakes Cooking Oil Vinegar Soy Sauce Sugar Salt Onion Squash Cabbage Consommé Apple	Rice Pork Onion Chinese Cabbage Konjac Noodle Grilled Soybean Curd Cooking Oil Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Sugar White Radish Stripes Cucumber Carrot Fish Cake Vinegar Sesame Oil Soy Sauce Sugar Salt Onion Carrot Wheat Gluten Cake Dried Young Sardine Soybean Paste Canned Peach	Bread Codfish Salt Wheat Flour Starch Aosa-Seaweed Cooking Oil Chicken Soy Sauce Garlic, Ginger Japanese Rice Wine Sweet Rice Wine Cabbage Cucumber Carrot Corn Mayonnaise Sugar Salt Onion Enoki-Mushroom Macaroni Spinach Consommé Banana	Rice Bamboo Soot Fried Soybean Curd Carrot Kelp Broth Japanese Rice Wine Sweet Rice Wine Chicken Soy Sauce Garlic, Ginger Japanese Rice Wine Sweet Rice Wine Sugar, Salt Starch, Cooking Oil Japanese Mustard Spinach Soybean Sprout Carrot Loin Ham Vinegar, Cooking Oil Sugar, Salt Soybean Curd Onion Wakame-Seaweed Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Orange	Rice Chicken Soy Sauce Sugar Sweet Rice Wine Ginger Starch Soybean Sprout Cabbage Carrot Corn Soy Sauce Sugar Onion Wakame-Seaweed Fried Soybean Curd Carrot Dried Young Sardine Soybean Paste Banana	Box Lunch Day	Public Holiday (Showa Day)		
Snack	Milk Melon-Flavored Toast	Green Tea Milk Jerry	Milk Cocoa Pancake	Milk Candied Sweet Potato	Milk Sesame Cookie	Milk Mashed Potato	Green Tea Bracken-Starch Dumpling	Calpis Yogurt Cheese Cake	Milk Rice Cracker, Jerry	Milk Starch Rusk				
Ingredient	Bread Butter Granulated Sugar Wheat Flour	Canned Mikan Orange Milk Sugar Agar	Pancake Powder Egg Milk Cocoa	Sweet Potato Cooking Oil Sugar Starch Black Sesame	Egg Sugar Wheat Flour White Sesame	Potato Butter	Glutinous Rice, Chicken Carrot, Shiitake-Mushroom Konjac Kelp Broth, Sesame Oil Japanese Rice Wine, Soy Sauce, Salt	Plain Yogurt Cheese Milk, Sugar, Cooking Oil Lemon Juice, Wheat Flour Baking Powder		Wheat Gluten Cake Broun Sugar				

※Menu may change depending on the availability of ingredients.

