

Date	3/ 1(Fri)	3/ 2(Sat)	3/ 4(Mon)	3/ 5(Tue)	3/ 6(Wed)	3/ 7(Thu)	3/ 8(Fri)	3/ 9(Sat)	3/ 11(Mon)	3/ 12(Tue)	3/ 13(Wed)	3/ 14(Thu)	3/ 15(Fri)	3/ 16(Sat)	
Morning Snack	Milk Shrimp-Flavor Crackers	Milk Milk-Bar Biscuit	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Milk-Bar Biscuit	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Milk-Bar Biscuit	
Menu	Scattered Sushi Grilled Chicken Dressed Mustard Spinach Clear Soup Bannas	Pork Ginger Bowl) Soybean Paste Soup Canned Pineapples	Rice Japanese Omelet Simmered Soybean Curd Soybean Paste Soup Bananas	Rice Grilled White Fish Dressed Chinese Cabbage Clear Soup Oranges	Udon Noodle Soup Rice Ball Dressed Spinach Apples	Rice Fried Fish with Starchy Sauce Simmered Lotus Roots Soybean Paste Soup Bananas	Curry and Rice Mustard Spinach Rice Consommé Soup Oranges	Chicken and Egg Bowl Seasoned Wakame-Seaweed Soybean Paste Soup Canned Peaches	Rice Grilled White Fish White Radish Salad Soybean Paste Soup Bananas	Rice Pork Beans French Salad Vegetables Soup Oranges	Rice Mapo Tofu Hijiki-Seaweed Salad Chinese Soup Apples	Bread Roll Tandoori Chicken Cream Stew Bananas	Rice Grilled Salmon Dressed Vegetables Soybean Paste Soup Cannes Pineapples Apple		
Ingredient	Rice Kelp Broth Vinegar, Salt Sugar, Sweet Rice Wine Carrot Shiitake-Mushroom Lotus Root Natural Stock Soy Sauce, Sugar Sweet Rice Wine, Rice Wine Green Pea Egg Chicken Soy Sauce, Sugar Sweet Rice Wine, Ginger Starch Japanese Mustard Spinach Soybean Sprout Carrot White Sesame Soy Sauce, Sugar Onion Carrot Green Onion Natural Stock Soy Sauce, Rice Wine Sweet Rice Wine, Salt Banana	Rice Pork Onion Green Pepper Ginger Soy Sauce Sweet Rice Wine Japanese Rice Wine Cooking Oil Cabbage Cucumber Carrot Vinegar Cooking Oil Salt Onion Wakame-Seaweed Fried Soybean Curd Dried Young Sardine Soybean Paste Pineapple	Rice Egg Hijiki-Seaweed Carrot Onion Shiitake-Mushroom Soy Sauce Salt Freeze Dry Soybean Curd Egg Carrot Green Pea Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Japanese Mustard Spinach Onion Squash Dried Young Sardine Soybean Paste Banana	Rice Codfish Ginger Sugar Japanese Rice Wine Sweet Rice Wine Soybean Paste Soybean Curd Chinese Cabbage Soybean Sprout Carrot White Sesame Soy Sauce Sugar Enoki-Mushroom Onion Carrot Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Orange	Udon Noodles Pork Onion Chinese Cabbage Shimeji-Mushroom Fried Soybean Curd White Sesame Green Onion Natural Stock Soymilk Soybean Paste Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Rice Dried Baby Sardine Wakame-Seaweed Spinach Soybean Sprout Carrot Soy Sauce Sugar Apple	Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Water Ketchup Vinegar Soybean Sprout Carrot Soy Sauce Sugar Cooking Oil Lotus Root Carrot Tubular-Shaped Fish Cake Sesame Oil Soy Sauce Sugar Sweet Rice Wine White Sesame White Radish Fried Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste Banana	Rice Pork Onion Potato Carrot Carrot Curry Roux Cooking Oil Japanese Mustard Spinach Soybean Sprout Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Cabbage Corn Carrot Consommé Orange	Rice Chicken Egg Carrot Onion Red Fish Cake Natural Stock Soy Sauce Sugar Japanese Rice Wine Dried Seaweed Wakame-Seaweed Soybean Sprout White Radish Cucumber Carrot Vinegar Sugar Salt Soybean Curd Wakame-Seaweed Onion Dried Young Sardine Soybean Paste Canned Peach	Rice Codfish Salt Japanese Rice Wine Carrot Mayonnaise Parmesan Cheese Parsley White Radish Cucumber Carrot Vinegar Cooking Oil Soy Sauce Sugar Salt White Sesame Onion Soybean Curd Shimeji-Mushroom Green Onion Dried Young Sardine Soybean Paste Banana	Rice Pork Potato Onion Carrot Green Pepper Tomato Cucumber Lion Ham Vinegar Sweet Rice Wine Japanese Rice Wine Spinach Soybean Sprout Enoki-Mushroom Carrot Soy Sauce Sugar Bean-Starch Vermicelli Salad Shiitake-Mushroom Wakame-Seaweed Onion Chinses Stock Banana	Rice Soybean Curd Pork Onion Carrot Green Onion Garlic Ginger Tomato Consommé Ketchup Soybean Paste Soy Sauce Sugar Starch Cabbage Cucumber Lion Ham Cooking Oil Vinegar Sugar Salt Hijiki-Seaweed Carrot Tuna Flakes Green Pea Mayonnaise Soy Sauce Sugar Potato Onion Spinach Chinese Stock Apple	Bread Roll Chicken Salt Japanese Rice Wine Plain Yogurt Curry Powder Ketchup Garlic Sugar Chinese Cabbage Onion Potato Carrot Bacon Corn Milk Cream Stew Roux Cooking Oil Banana	Rice Salmon Japanese Rice Wine Salt Soybean Sprout Spinach Carrot Garlic Sugar Fermented Soybeans White Sesame Vinegar Sesame Oil Soy Sauce Sugar Salt Onion Squash Dried Young Sardine Soybean Paste Canned Pineapple		Box Lunch Day
Snack	Calpis-Yogurt Drink Peach Milk Jerry	Milk Steamed Sweet Potatoes	Milk Brown Sugar Rusk	Milk Cheese Steamed Bread	Milk Boiled Potatoes	Milk Carrot Pancake	Milk Cocoa Cookie	Milk Boiled Macaron	Milk Candied Sweet Potatoes	Milk Banana Yogurt	Milk Dried Young Sardine in Oranges	Green Tea Rice Ball	Milk Pancake	Milk Jerry, Rice Cracker	
	Canned Peach Milk Sugar Agar	Sweet Potatoes Salt	Bread Brown Sugar Water	Wheat Flour Processed Cheese Baking Powder Sugar Cooking Oil	Potato Butter	Wheat Flour Milk Carrot Baking Powder Sugar Cooking Oil	Wheat Flour Cocoa Sugar Cooking Oil	Macaroni Soybean Flour Sugar Salt	Sweet Potato Cooking Oil Sugar Starch Black Sesame	Plain Yogurt Banana Sugar	Dried Young Sardine Light Brown Sugar Mayonnaise Curry Powder Orange	White Rice Processed Cheese Dried Bonito Flakes Soy Sauce	Pancake Powder Milk Egg		
Date	3/ 18(Mon)	3/ 19(Tue)	3/ 20(Wed)	3/ 21(Thu)	3/ 22(Fri)	3/ 23(Sat)	3/ 25(Mon)	3/ 26(Tue)	3/ 27(Wed)	3/ 28(Thu)	3/ 29(Fri)	3/ 30(Sat)			
Morning Snack	Milk Crackers	Milk Rice Crackers		Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Milk-Bar Biscuit	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers			
Menu	Rice Cheese Omelet Cabbage Salad Consommé Soup Bananas	Rice Simmered White Fish Dressed Mustard Spinach Soybean Paste Soup Apples	Public Holiday (Vernal Equinox Day)	Rice Simmered Chicken Dressed White Radish Vegetables Soup Oranges	Rice Grilled Salmon Dressed White Radish Soybean Paste Soup Bananas	Spaghetti- Meat Sauce Caesar Salad Soymlk Soup Canned Mikan-Orange	Rice Grilled Chicken Dressed Cabbage Egg Soup Bananas	Rice Grilled Salmon Han Salad Vegetables Soup Apples	Rice Japanese Pork Stew Korean Salad Soybean Paste Soup Oranges	Rice Fried White Fish Korean Salad Bean-Starch Vermicelli Salad Bananas	Rice Fried Chicken Mustard Spinach Salad Soybean Paste Soup Canned Peaches				
Ingredient	Rice Egg Mixed Cheese Carrot Onion Slat Ketchup Cabbage Loin Ham Cucumber Carrot Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Corn Carrot Consommé Banana	Rice Codfish Ginger Soy Sauce Japanese Rice Wine Sweet Rice Wine Sugar Japanese Mustard Spinach Soybean Sprout Carrot Enoki-Mushroom Soy Sauce Sugar Carrot Onion Soybean Curd Dried Young Sardine Soybean Paste Apple		Rice Chicken Liver Onion Carrot Ketchup Water Parsley Worcestershire Sauce Soy Sauce Curry Powder Cabbage Cucumber Corn Vinegar Soy Sauce Cooking Oil Salt Onion Spinach Shimeji-Mushroom Consommé Orange	Rice Salmon Salt Mayonnaise Corn Cream Parsley White Radish Japanese Mustard Spinach Carrot Dried Bonito Flakes Soy Sauce Sugar Potato Onion Carrot Dried Young Sardine Soybean Paste Banana	Spaghetti Pork Onion Carrot Green Pepper Tomato Ketchup Consommé Salt Sugar Cooking Oil Cabbage Cucumber Carrot Cron Mayonnaise Vinegar Parmesan Cheese Garlic Sugar Shimeji-Mushroom Potato Spinach Soymilk Consommé Salt Canned Mikan-Orange	Rice Chicken Salt Soy Sauce Sweet Rice Wine White Sesame Soybean Curd Cabbage Soybean Sprout Carrot Soy Sauce Sugar Egg Carrot Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt Starch Banana	Rice Salmon Salt Mayonnaise Parmesan Cheese Bread Crumbs Parsley Cucumber Corn Lion Ham Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Carrot Japanese Mustard Spinach Consommé Apple	Rice Pork Potato Onion Carrot Konjac Green pea Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Spinach Soybean Sprout Enoki-Mushroom Carrot Soy Sauce Sugar Soybean Curd White Radish Wakame-Seaweed Dried Young Sardine Soybean Paste Orange	Rice Codfish Japanese Rice Wine Salt Onion Carrot Green Pepper Chinese Stock Sesame Oil Starch Cabbage Cucumber Carrot Dried Seaweed Sesame Oil Soy Sauce Sugar Garlic White Sesame Bean-Starch Vermicelli Salad Shiitake-Mushroom Wakame-Seaweed Onion Chinses Stock Banana	Rice Chicken Soy Sauce Garlic Giger Sweet Rice Wine Japanese Rice Wine Sugar Salt Starch Cooking Oil Japanese Mustard Spinach Soybean Sprout Carrot Tuna Flakes Vinegar Soy Sauce Cooking Oil Sugar Salt Onion Fried Soybean Curd Carrot Dried Young Sardine Soybean Paste Canned Peach			Box Lunch Day	
Snack	Milk Rice Ball with Red Bean Jam	Milk Boiled Potatoes		Milk Lemon Cake	Milk Okinawan Cookie	Green Tea Wakame Rice Ball	Milk Raisin Steamed Bread	Milk Bracken- Starch Dumpling	Milk Cookie	Milk Soybean Curd Doughnuts	Milk Sesame Toast	Milk Japanese Pie, Cheese			
	Rice Glutinous Rice Soybean Flour Light Brown Sugar Red Bean Jam	Potato Aosa- Seaweed Salt		Pancake Powder Egg Unsalted Butter Granulated Sugar Lemon Juice	Wheat Flour Brown Sugar Sugar Cooking Oil	Rice Wakame-Seaweed Salt White Sesame	Wheat Flour Raisin Steamed Bread Baking Powder Sugar Cooking Oil	Bracken-Starch Flour Brown Sugar Soybean Flour Sugar	Wheat Flour Sugar Cooking Oil	Soybean Curd Wheat Flour Sugar Baking Powder Cooking Oil	Bread Margarine Sugar White Sesame				

※Menu may change depending on the availability of ingredients.



March

