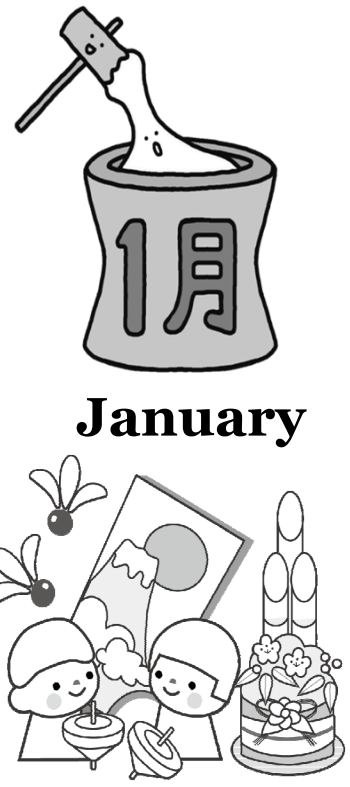


Date	1/ 4(Thu)	1/ 5(Fri)	1/ 6(Sat)	1/ 8(Mon)	1/ 9(Tue)	1/ 10(Wed)	1/ 11(Thu)	1/ 12(Fri)	1/ 13(Sat)	1/ 15(Mon)	1/ 16(Tue)	1/ 17(Wed)	1/ 18(Thu)
Morning Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar		Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Milk-Bar Biscuit	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Milk-Bar Biscuit
Menu		Rice Simmered Soybean Curd Bean-Starch Vermicelli Salad Clear Soup Bananas	Chicken and Egg Bowl Dressed Mustard Spinach Soybean Paste Soup Canned Peaches		Rice Spanish Omelet Caesar Salad Vegetables Soup Bananas	Rice Grilled White Fish Simmered Hijiki-Seaweed Soybean Paste Soup Oranges	Rice Fried Chicken White Radish Salad Chinese Soup Bananas	Rice Grilled White Fish Dressed Mustard Spinach Soybean Paste Sprout Mikan-Orange	Rice topped with Starchy Sauce Dressed Cabbage Soybean Paste Soup Canned Pineapple	Rice Grilled Chicken Dressed Chinese Cabbage Clear Soup Oranges	Curry and Rice Cabbage Salad Consommé Soup Bananas	Rice Fried White Fish Simmered Squash Soybean Paste Soup Persimmons	Champion Noodle Soup Rice Ball Dressed Soybean Sprout Oranges
Ingredient	Box Lunch Day	Rice Pork Soybean Curd Onion Carrot Green Onion Cooking Oil Soybean Paste Natural Stock Soy Sauce, Sugar Sweet Rice Wine, Rice Wine Starch  Bean Starch Vermicelli Cucumber Carrot Corn White Sesame Sesame Oil Soy Sauce, Vinegar Sugar, Salt  Enoki-Mushroom Onion Wakame- Seaweed Natural Stock Soy Sauce, Rice Wine Sweet Rice Wine, Salt  Banana	Rice Chicken Egg Carrot Onion Green Onion Natural Stock Soy Sauce Suage Japanese Rice Wine Dried Seaweed  Japanese Mustard Spinach Soybean Sprout Carrot Soy Sauce Sugar  White Radish Fried Soybean Curd Shiitake-Mushroom Dried Young Sardine Soybean Paste  Canned Peach	Public Holiday (Coming of Age Day)	Rice Egg Bacon Potato Onion Carrot Slat Parsley Ketchup  Cabbage Soybean Sprout Corn Tuna Flakes Mayonnaise Vinegar Parmesan Cheese Garlic Sugar  Spinach Carrot Onion Consommé  Banana	Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine  Hijiki-Seaweed Soybean Carrot Fried Soybean Curd Green Pea Sesame Oil Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine  Onion Shimeji-Mushroom Wakame-Seaweed Dried Young Sardine Soybean Paste  Orange	Rice Chicken Salt Ginger Soy Sauce Sweet Rice Wine White Sesame  Dried White Radish Cucumber Carrot White Sesame Sesame Oil Soy Sauce, Vinegar Sugar, Salt  Green Onion Soybean Sprout Carrot Chinese Stock  Banana	Rice Codfish Salt Soy Sauce Sweet Rice Wine White Sesame  Japanese Mustard Spinach Soybean Sprout Corn Soy Sauce Sugar  Soybean Curd Onion Carrot Dried Young Sardine Soybean Paste  Mikan-Orange	Rice Pork Onion Carrot Soybean Sprout Shimeji-Mushroom Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine Starch  Cabbage Cucumber Carrot Soy Sauce Sugar  Onion Wakame-Seaweed Dried Young Sardine Soybean Paste  Cannes Pineapple	Rice Chicken Ginger Garlic Japanese Rice Wine Soybean Paste Mayonnaise Mixed Cheese Parsley  Soybean Curd Chinese Cabbage Soybean Sprout Carrot Soy Sauce Sugar  Onion Japanese Mustard Spinach Natural Stock Soy Sauce Japanese Rice Wine Sweet Rice Wine Salt  Orange	Rice Pork Onion Potato Carrot Curry Roux Cooking Oil  Cabbage Tuna Fakes Cucumber Corn Vinegar Soy Sauce Cooking Oil Sugar Salt  White Radish Carrot Shimeji-Mushroom Consommé  Banana	Rice Codfish Carrot Onion Green Pepper Natural Stock Soy Sauce Sugar  Squash Carrot Shiitake-Mushroom Green Soybean Natural Stock Soy Sauce Sugar Japanese Rice Wine  Egg Carrot Enoki-Mushroom Wakame-Seaweed Dried Young Sardine Soybean Paste  Persimmon	Chinese Noodles Pork Cabbage Onion Carrot Fish Cake Corn Sesame Oil Milk Chinese Stock Soy Sauce Salt Starch  Rice Dried Food Seasoning  Soybean Sprout Japanese Mustard Spinach Carrot Soy Sauce Sugar  Orange
Snack	Milk Cheese, Biscuit	Milk Brown Sugar Rusk	Milk Boiled Potatoes		Milk Cheese Steamed Bread	Milk Sweet Red Bean Soup	Milk Dried Young Sardine, Oranges	Milk Pancake	Milk Boiled Macaroni	Green Tea Fruits Yogurt	Milk Soybean Flour Pancake	Milk Orange Steamed Bread	Milk Potato Cake
	Cheese Biscuits	Bread Brown Sugar	Potato Aosa-Seaweed Salt		Wheat Flour Processed Cheese Baking Powder Sugar Cooking Oil	Rice Flour Soybean Curd Red Bean Sugar Salt	Dried Young Sardine Light Brown Sugar Mayonnaise Curry Powder Orange	Pancake Powder Milk Egg	Macaroni Soybean Flour Sugar Salt	Plain Yogurt Apple Canned Mikan-Orange Sugar	Wheat Flour Baking Powder Soybean Flour Cooking Oil Sugar	Wheat Flour Orange Juice Baking Powder Sugar Cooking Oil	Potato Starch Butter, Cooking Oil Mixed Cheese
Date	1/ 19(Fri)	1/ 20(Sat)	1/ 22(Mon)	1/ 23(Tue)	1/ 24(Wed)	1/ 25(Thu)	1/ 26(Fri)	1/ 27(Sat)	1/ 29(Mon)	1/ 30(Tue)	1/ 31(Wed)		
Morning Snack	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers	Milk Milk-Bar Biscuit	Milk Crackers	Milk Rice Crackers	Milk Vegetables Bar	Milk Fried Crackers	Milk Shrimp-Flavor Crackers		
Menu	Rice Grilled White French Salad Vegetables Soup Bananas	Bulgogi Bowl Dressed Cabbage Soybean Paste Soup Canned Mikan-Orange	Rice Chinese Omelet Seasoned Vegetables Bean-Starch Vermicelli Soup Bananas	Rice Simmered White Fish Mustard Spinach Salad Milk Soup Mikan-Orange	Rice Stir-Fried Chicken Liver Mustard Spinach Salad Milk Soup Mikan-Orange	Bread Roll Grilled Salmon Ham Salad Vegetables Soup Bananas	Rice Mapo Tofu Hijiki-Seaweed Salad Egg Soup Canned Pine Apple		Rice Fried White Fish Simmered Soybean Curd Soybean Paste Soup Oranges	Rice Grilled Chicken Meat Sauce Macaroni Coleslaw Soymilk Soup, Bananas	Rice Stir-Fried Vegetables Soybean Salad Soybean Paste Soup Apples		
Ingredient	Rice  Codfish Salt Japanese Rice Wine Carrot Mayonnaise Parmesan Cheese Parsley  Chinese Cabbage Cucumber Carrot Loin Ham Cooking Oil Vinegar Sugar Salt  Onion Cabbage Potato Consomme  Banana	Rice Pork Onion Carrot Green Pepper Soybean Sprout Ginger Garlic Soy Sauce Japanese Rice Wine Sugar Sesame Oil  Cabbage Cucumber Carrot Dried Seaweed Sesame Oil Soy Sauce White Sesame  Onion Carrot Japanese Mustard Spinach Dried Young Sardine Soybean Paste  Canned Mikan-Orange	Rice Egg Soy Sauce Carrot Onion Green Pepper Fish Cake Sesame Oil Salt Chinese Stock  Soybean Sprout Japanese Mustard Spinach Carrot Corn Vinegar Sesame Oil Soy Sauce Salt  Bean-Starch Vermicelli Wakame-Seaweed Onion Chinese Stock  Banana	Rice Codfish Ginger Soy Sauce Carrot Japanese Rice Wine Sweet Rice Wine Sugar  Dried White Radish Carrot Fried Soybean Curd Green Pea Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine  Onion Squash Dried Young Sardine Soybean Paste  Apple	Rice Chicken Liver Ginger Soy Sauce Starch Potato Cooking Oil Ketchup Sugar Japanese Rice Wine Worcestershire Sauce Parsley  Cabbage Soybean Sprout Carrot Loin Ham Vinegar Sugar Cooking Oil Salt  Onion Carrot Spinach Consomme  Banana	Bread Roll Salmon Salt Mayonnaise Parmesan Cheese Bread Crumbs Parsley  Cabbage Soybean Sprout Carrot Loin Ham Vinegar Sugar Cooking Oil Salt  Onion Carrot Spinach Consomme  Banana	Rice Soybean Curd Pork Onion Carrot Green Onion Ginger Garlic Soybean Paste Red Soybean Paste Carrot Soy Sauce Japanese Rice Wine Sesame Oil Starch  Hijiki-Seaweed Cucumber Carrot Corn Sesame Oil Soy Sauce, Vinegar Sugar, Salt  Egg Enoki-Mushroom Wakame-Seaweed Chinese Stock  Canned Pineapple		Rice Codfish Salt Wheat Flour Bread Crumbs Dried Green Seaweed Cooking Oil  Freeze-Dried Soybean Curd Egg Carrot Kidney Bean Natural Stock Soy Sauce Sugar Sweet Rice Wine Japanese Rice Wine  Fried Soybean Curd White Radish Spinach Dried Young Sardine Soybean Paste  Orange	Rice Chicken Soy Sauce Sugar Sweet Rice Wine Ginger Starch  Macaroni Pork Carrot Green Pea Ketchup Cooking Oil  Cabbage Carrot Corn Mayonnaise  Onion Sweet Potato Bacon Soymilk Consommé Salt Parsley  Banana	Rice Fried Soybean Curd Pork Onion Japanese Mustard Spinach Salt Soy Sauce Sweet Rice Wine Sesame Oil Dried Bonito Flakes  Soybean Cucumber Corn Tuna Fakes Vinegar Soy Sauce Cooking Oil Sugar Salt  Onion Squash Wakame-Seaweed Dried Young Sardine Soybean Paste  Apple		
Snack	Milk Bread Pudding	Milk Simmered Sweet Potatoes	Milk Cocoa Pudding	Milk Soybean Curd Doughnut	Milk Boiled Soybeans	Green Tea Rice Balls	Milk Melon-Flavored Toast	Milk Jerry, Rice Cracker	Milk Raisin Steamed Bread	Milk Cocoa Cake	Milk Sweet Potato Pie		
	Bread Egg Milk Sugar	Sweet Potato Sugar Lemon Juice Salt	Milk Cocoa Agar Sugar	Soybean Curd Wheat Flour Sugar Baking Powder Cooking Oil	Soybean Soybean Flour Sugar	Wakame-Seaweed, Salt White Sesame Dried Bonito Flakes Soy Sauce	Bread Unsalted Butter Granulated Sugar Wheat Flour	Jerry Rice Crackers	Wheat Flour Raisin Baking Powder Sugar Cooking Oil	Pancake Powder Eggo Cocoa, Sugar Unsalted Butter Milk	Sweet Potato Butter Sugar Milk Black Sesame		

Box Lunch Day



※Menu may change depending on the availability of ingredients.