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Date 11/1(Wed) Morning Milk	11/2(Thu) Milk	11/ 3(Fri)	11/4(Sat) Milk	11/6(Mon) Milk	11/7(Tue) Milk	11/ 8(Wed) Milk	11/ 9(Thu) Milk	11/ 10(Fri) Milk	11/ 11(Sat) Milk	11/ 13(Mon) Milk	11/ 14(Tue) Milk	11/ 15(Wed) Milk	11/ 16(Thu) Milk
Snack Vegetables Bar	Fried Crackers		Corn Snack	Black Sesame Bar	Crackers	Rice Crackers	Fried Crackers	Corn Snack	Black Sesame Bar	Crackers	Rice Crackers	Fried Crackers	Corn Snack
Rice	Rice		Starchy Sauce Rice Bow	l Rice	Rice	Rice	Rice	Rice	Champon Noodles	Rice	Rice	Rice	Bread Rolls
	Grilled Chicken Bean-Starch Vermicelli		Dressed Soybean Sprout		Salmon grilled with Cheese		Pork Beans	Grilled White Fish	Rice Balls	Grilled Chicken Dressed Cabbage	Grilled Salmon Cucumber Salad	Simmered Chicken Liver	Chicken Cutlet Caeser Salad
Dressed Spinach Soybean Paste Soup	Corn Soup		Wakame- Seaweed Soup	Soybean Paste Soup	Chinese Cabbage Salad Soybean Paste Soup	Chinese Soup	French Salad Consommé Soup	Simmered Soybean Curd Clear Soup	Dressed Spinach Canned Peaches	Soybean Paste Soup	Vegetables Soup	Dressed Mustard Spinach Clear Soup	Vegetables Soup
Oranges	Bananas			Apples	Mikan-Oranges	Bananas	Apples	Oranges		Apples	Oranges	Bananas	Apples
Rice	Rice		Rice	Rice	Rice	Rice	Rice	Rice	Chinee Noodles	Rice	Rice	Rice	Bread Roll
			Pork	_				. 17.1	Pork	01.1.1			
Codfish Ginger	Chicken Starch, Salt		Chinese Cabbage Onion	Egg Chicken	Salmon Salt	Soybean Curd Pork	Pork Soybean	Codfish Soy Sauce	Cabbage Carrot	Chicken Soy Sauce	Salmon Slat	Chicken Liver Konjac	Chicken Slat
Soy Sauce	Apple		Carrot	Shiitake-Mushroom	Mixed Cheese	Onion	Potato	Japanese Rice Wine	Onion	Sugar	Mayonnaise	Carrot	Wheat Flour
Japanese Rice Wine	Carrot		Fish Cake	Carrot		Carrot	Onion	Sweet Rice Wine	Corn	Sweet Rice Wine	Corn Cream	Garlick	Bread Crumbs
Sweet Rice Wine	Onion		Chinese Stock	Onion	Chinese Cabbage	Green Pea	Carrot	Black Sesame	Chinese Stock	Ginger	Parsley	Ginger	Cooking Oil
Sugar	Ginger White Sesame		Soy Sauce Japanese Rice Wine	Soy Sauce Sugar	Cucumber Carrot	Red Soybean Paste, Soybean Paste Sugar, Japanese Rice Wine	Green Pepper	Freese-Dry Soybean Curd	Soy Sauce Sugar	Starch	Soybean	Soybean Paste Sugar	Cabbage
Soybean Curd	Soy Sauce, Sugar		Sweet Rice Wine	Salt	White Sesame	Soy Sauce	Consommé	Egg	Japanese Rice Wine	Soybean Curd	Cucumber	Soy Sauce	Cucumber
Spinach	boy butter, bugar		Salt	buit	Cooking Oil	Sesame Oil	Salt	Carrot	Sweet Rice Wine	Cabbage	Corn	boy budec	Carrot
Carrot	Bean-Starch Vermicelli		Sesame Oil	Cabbage	Vinegar	Garlic	Ketchup	Kidney Bean	Sesame Oil	Carrot	Tuna Flaked	Japanese Mustard Spinach	Cron
White Sesame	Cucumber		Starch	Soybean Sprout	Sugar	Ginger	Sugar	Natural Stock	n'	White Sesame	Vinegar	Soybean Sprout	Mayonnaise
Soy Sauce Sugar	Loin Ham Sesame Oil		Soybean Sprout	Carrot Soy Sauce	Salt	Starch	Starch	Soy Sauce Sugar	Rice Dried Food Seasoning	Soy Sauce Sugar	Soy Sauce Cooking Oil	Carrot Dried Bonito Flakes	Vinegar Parmesan Cheese
Sugar	Soy Sauce	D 11' II 1' 1	0 1	Sugar	White Radish	Japanese Mustard Spinach	Cabbage	Sweet Rice Wine	Dried Food Seasoning	Sugai	Sugar	Soy Sauce	Garlic
Chinese Cabbage	Sugar	Public Holiday	Carrot		Carrot	Soybean Sprout	Cucumber	Japanese Rice Wine	Spinach	Japanese Mustard Spinach	Salt	Sugar	Sugar
Squash	Vinegar		Soy Sauce, Vinegar	Potato	Green Onion	Corn	Carrot		Soybean Sprout	Onion			
Dried Young Sardine	Salt		Sesame Oil	Onion	Dried Young Sardine	Sesame Oil	Cooking Oil	0.1	Carrot	Enoki-Mushroom	Onion	Onion	Onion
Soybean Paste	Corn		Sugar Garlic	Spinach Dried Young Sardine	Soybean Paste	Soy Sauce Vinegar	Vinegar Sugar	Onion Wakame-Seaweed	Soy Sauce Sugar	Dried Young Sardine Soybean Paste	Carrot Potato	Wakame-Seaweed Soybean Curd	Squash Carrot
	Corn Cream		White Sesame	Soybean Paste	Mikan-Orange	Sugar	Salt	Carrot			Parsley	Natural Stock	Parsley
Orange	Onion					Salt		Natural Stock	Canned Peach	Apple		Soy Sauce	Consommé
	Carrot		Wakame-Seaweed	Apple			Onion	Soy Sauce			Orange	Japanese Rice Wine	
	Chinese Stock Sweet Rice Wine, Japanese Rice Wine		Onion Shiitake-Mushroom			Wakame-Seaweed Bean-Starch Vermicelli	Spinach Bacon	Japanese Rice Wine Sweet Rice Wine				Sweet Rice Wine	Apple
	Soy Sauce		Shiitake-Mushroom White Sesame			Shimeji-Mushroom	Bacon Consommé	Salt				oan	
	Sesame Oil		Chinese Stock			Chinese Stock						Banana	
						L	Apple	Orange					
	Banana		Canned Mikan-Orange			Banana							
Milk	Milk		Milk	Milk	Milk	Milk	Milk	Milk	Barley Tea	Barley Tea	Milk	Milk	Barley Tea
Cheese Pancake	Dried Young Sardine, Apples			h Carrot and Milk Steam Bread		Bracken Starch Dumpling	Pancake	Toast topped with Baby Sardine		Banana Yogurt	Sesame Cookie	Pizza Toast	Seasoned Rice
Wheat Flour	Dried Young Sardine		Starch	Carrot, Wheat Flour	Sweet Potatoes	Bracken Starch Flour	Pancake Powder	Bread	Rice	Plain Yogurt	Egg	Bread	Rice
Baking Powder Sugar	Light Brown Sugar Mayonnaise		Brown Sugar	Milk Baking Powder	Cooking Oil	Brown Sugar	Milk	Dried Baby Sardine Mayonnaise	Fried Soybean Curd Natural Stock	Banana Sugar	Sugar Wheat Flour	Onion, Corn Bacon	HIJIKI-Seaweed, Fried Soybean C Carrot
₹ Dugai	younasc												
Cooking Oil	Curry Powder				Sugar Starch	Soybean Flour Sugar	Egg			ougui			Soy Sauce, Sweet Rice Wir
Cooking Oil Mixed Cheese	Curry Powder Apple			Sugar Cooking Oil	Starch Black Sesame	Sugar		Aosa-Seaweed Parmesan Cheese	Soy Sauce, Sugar White Sesame	Sugar	White Sesame	Ketchup Mixed Cheese	Soy Sauce, Sweet Rice Wir Salt
Cooking Oil Mixed Cheese Date 11/ 17(Fri)	Apple 11/ 18(Sat)	11/ 20(Mon)	11/ 21(Tue)	Sugar Cooking Oil 11/ 22(Wed)	Starch	Sugar 11/ 24(Fri)	11/ 25(Sat)	Aosa-Seaweed Parmesan Cheese 11/ 27(Mon)	Soy Sauce, Sugar White Sesame 11/28(Tue)	11/ 29(Wed)	White Sesame 11/ 30(Thu)	Ketchup	
Cooking Oil Mixed Cheese  Date 11/17(Fri)  Moruing Milk	Apple 11/18(Sat) Milk	Milk	Milk	Sugar Cooking Oil 11/ 22(Wed) Milk	Starch Black Sesame	Sugar 11/24(Fri) Milk	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk	Soy Sauce, Sugar White Sesame 11/28(Tue) Milk	11/ 29(Wed) Milk	White Sesame  11/ 30(Thu)  Milk	Ketchup	
Cooking Oil Mixed Cheese Date 11/ 17(Fri)	Apple 11/ 18(Sat) Milk Crackers	Milk Rice Crackers	11/21(Tue) Milk Fried Crackers Rice	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack	Starch Black Sesame	Sugar 11/ 24(Fri)	11/ 25(Sat)	Aosa-Seaweed Parmesan Cheese 11/ 27(Mon) Milk Rice Crackers	Soy Sauce, Sugar White Sesame 11/28(Tue)	11/ 29(Wed)	White Sesame 11/ 30(Thu)	Ketchup	
Cooking Oil Mixed Cheese  Date 11/17(Fri)  Morning Milk  Snack Black Sesame Bar  Rice  White Fish with Starchy Sauce	Apple 11/ 18(Sat) Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage	Milk Rice Crackers Rice Spanish Omelet	Milk Fried Crackers Rice Salmon grilled with Salt	Sugar Cooking Oil 11/ 22(Wed) Milk Corn Snack Curry and Rice t Chinese Cabbage and Apple Salad	Starch Black Sesame	Sugar 11/ 24(Fri) Milk Black Sesame Bar	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade	Soy Sauce, Sugar White Sesame 11/28(Tue) Milk Fried Crackers Rice Grilled White Fish	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak	White Sesame  11/ 30(Thu)  Milk  Black Sesame Bar  Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed	Ketchup	
Cooking Oil Mixed Cheese Date 11/17(Fri) Suming Milk Rice Rice White Fish with Starchy Sauce C Cooked Lotus Root	Apple 11/ 18(Sat) Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup	Milk Rice Crackers Rice Spanish Omelet Coleslaw	Milk Fried Crackers Rice Salmon grilled with Salt Simmered Hijiki-Seaweed	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack Curry and Rice t Chinese Cabbage and Apple Salad I Consommé Soup	Starch Black Sesame	Sugar  11/ 24(Fri)  Milk  Black Sesame Bar  Rice  Fried White Fish  Seasoned Wakame-Seaweet	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad	Soy Sauce, Sugar White Sesame 11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad	White Sesame  11/30(Thu)  Milk  Black Sesame Bar  Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage	Ketchup	
Cooking Oil Mixed Cheese Date 11/17(Fri) Small Milk Small Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup	Apple 11/ 18(Sat) Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup	Milk Fried Crackers Rice Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup	Sugar Cooking Oil 11/ 22(Wed) Milk Corn Snack Curry and Rice t Chinese Cabbage and Apple Salad	Starch Black Sesame	Sugar  11/ 24(Fri)  Milk  Black Sesame Bar  Rice  Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup	Soy Sauce, Sugar White Sesame 11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup	White Sesame  11/ 30(Thu)  Milk  Black Sesame Bar  Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed	Ketchup	
Cooking Oil Mixed Cheese Date 11/17(Fri) Standaring Milk Standark Black Sesame Bar Rice White Fish with Starchy Sauce C Cooked Lotus Root	Apple 11/ 18(Sat) Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup	Milk Rice Crackers Rice Spanish Omelet Coleslaw	Milk Fried Crackers Rice Salmon grilled with Salt Simmered Hijiki-Seaweed	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack Curry and Rice t Chinese Cabbage and Apple Salad I Consommé Soup	Starch Black Sesame	Sugar  11/ 24(Fri)  Milk  Black Sesame Bar  Rice  Fried White Fish  Seasoned Wakame-Seaweet	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad	Soy Sauce, Sugar White Sesame 11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad	White Sesame  11/30(Thu)  Milk  Black Sesame Bar  Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage	Ketchup	
Cooking Oil Mixed Cheese Date 11/17(Fri)  Strong Milk Snack Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas	Apple 11/18(Sat) Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples	Milk Fried Crackers Rice Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack Curry and Rice t Chinese Cabbage and Apple Salad I Consommé Soup Oranges	Starch Black Sesame	Sugar  11/24(Fri)  Milk  Black Sesame Bar  Rice  Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup  Apples	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana	Soy Sauce, Sugar White Sesame 11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples	White Sesame  11/30(Thu)  Milk  Black Sesame Bar  Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas	Ketchup	
Cooking Oil Mixed Cheese  Date 11/17(Fri) Manning Milk Sanch Black Sesame Bar  Rice White Flah with Starchy Sauce Cooked Lotus Roybean Paste Soup Bananas Rice Codfish	Apple 11/ 18(Sat) Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg	Milk Fried Crackers Rice Salmon grilled with Sals Simmered Hijiki-Seaweed Soybean Paste Soup Bananas Rice Salmon	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack Curry and Rice chinesc Cabluga and Apple Salad Consommé Soup Oranges Rice Pork Onion	Starch Black Sesame	Sugar  11/ 24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice Codfish	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken	Soy Sauce, Sugar White Sesame 11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork	White Sesame  11/30(Thu)  MIIk Black Sesame Bar Udan Noodles to Vegatalde Sony Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root	Ketchup	
Cooking Oil Mixed Cheese Date 11/17(Fri) Herming Milk Snack Black Sesame Bar Rice Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt	Apple  11/18(Sat)  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes	Milk Fried Crackers Rice Salmon grilled with Sal Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice	Sugar Cooking Oil 11/22(Wed) Milk 11/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato	Starch Black Sesame	Sugar  11/24(Fri)  Milk  Black Sesame Bar  Rice  Fried White Fish Seasoned Wakame-Seaweet Soybean Paste Soup  Apples  Rice  Codfish  Ginger	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion	White Sesame  11/30(Thu)  Milk  Black Sesame Bar  Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot	Ketchup	
Cooking Oil Mixed Cheese Date 11/17(Fri) Monthly Mixed Mixed States Bar Rice White Isla with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch	Apple  11/ 18(Sat)  Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato	Milk Fried Crackers Rice Salmon grilled with Sals Simmered Hijiki-Seaweed Soybean Paste Soup Bananas Rice Salmon	Sugar Cooking Oil 11/ 22(Wed) Milk Corn Snack Curry and Rice chinese Cabluge and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot	Starch Black Sesame	Sugar  11/ 24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice Codfish	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlie	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs	White Sesame  11/30(Thu)  MIIK Black Sesame Bar Udan Noodles to Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish	Ketchup	
Cooking Oil Mixed Cheese Date 11/17(Fri) Sanda Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil	Apple 11/ 18(Sat) Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion	Milk Fried Crackers Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt	Sugar Cooking Oil 11/22(Wed) Milk 11/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux	Starch Black Sesame	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweet Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek	Ketchup	
Cooking Oil Mixed Cheese  Date  11/17(Fri)  Manna Black Sesame Bar  Rice  White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice  Codfish Salt Starch Cooking Oil Onion Carrot	Apple  11/18(Sat)  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt	Milk Fried Crackers Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean	Sugar Cooking Oil 11/22(Wed) Milk Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil	Starch Black Sesame	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweet Soybean Paste Soup Apples Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion	Ketchup	
Cooking Oil Mixed Cheese  Date 11/17(Fri)  Somale Black Sesame Bar  Rice White Irish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper	Apple  11/18(Sat)  Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Satt	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tunn Flakes Potato Onion Carrot Salt Parsley	Milk Fried Crackers Rice Salmon grilled with Salt Simmered Hijliki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Fried Soybean	Sugar Cooking Oil 11/ 22(Wed) Milk 11/ 22(Wed) Milk Corn Snack Curry and Rice Curry and Rice I Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage	Starch Black Sesame	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine	Soy Sauce, Sugar White Sesame 11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom	White Sesame  11/30(Thu)  Milk  Black Sesame Bar  Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock	Ketchup	
Cooking Oil Mixed Cheese  Date 11/17(Fri)  Sundam Milk Sanath Black Sesame Bar  Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup	Apple  11/18(Sat)  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt	Milk Fried Crackers Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlid-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Fried Soybean Curd Carrot	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber	Starch Black Sesame	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Sweet Rice Wine Starch Cooking Oil	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce	Ketchup	
Cooking Oil Mixed Cheese Date 11/17(Fri) Montal Milks Snack Black Sesame Bar Rice Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar	Apple  11/18(Sat)  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Satt Spinach	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup	Milk Fried Crackers Rice Salmon grilled with Salt Sammered Hijiki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Fried Soybean Curd Carrot Kidney Bean	Sugar Cooking Oil 11/ 22(Wed) Milk 11/ 22(Wed) Milk Corn Snack Curry and Rice Ciniese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple	Starch Black Sesame	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweet Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Sarch Cooking Oil  Wakame-Seaweed	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine	Soy Sauce, Sugar White Sesame 11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé	White Sesame  11/30(Thu)  Milk  Black Sesame Bar  Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine	Ketchup	
Cooking Oil Mixed Cheese Date 11/17(Fri) Marinia Milk Sanate Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch	Apple  11/18(Sat)  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Satt Spinach	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tunn Flakes Potato Onion Carrot Salt Parsley	Milk Fried Crackers Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlid-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Fried Soybean Curd Carrot	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber	Starch Black Sesame	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Sweet Rice Wine Starch Cooking Oil	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese  11/27(Mon)  Milk  Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine  White Radish Cucumber	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce	Ketchup Mixed Cheese	Sait
Cooking Oil  Mixed Cheese Date 1/17(Fri) Milk Snack Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch	Apple  11/18(Sat)  Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Chinese Cabbage Soybean Sprout Carrot	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham	Milk Fried Crackers Rice Salmon grilled with Salt Simmered Hijliki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Fried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack Curry and Rice Chinesc clabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar	Starch Black Sesame	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt	Ketchup Mixed Cheese	Sait
Cooking Oil Mixed Cheese  Date  11/17(Fri)  Mixed Mixed Sesame Bar  Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas  Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Bressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Chinese Cabbage Soybean Sprout Carrot Soy sauce	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber	Milk Fried Crackers Rice Rice Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijlki-Seaweed Soybean Fried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine	Sugar Cooking Oil 11/22(Wed) Milk 11/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges  Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweet Soybean Paste Soup Apples Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice  Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Sesame Oil Soy Sauce, Japanese Rice Wine	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato	White Sesame  11/30(Thu)  Milk  Black Sesame Bar  Uden Noedles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noedles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt  Rice	Ketchup Mixed Cheese	
Cooking Oil Mixed Cheese  Date 11/17(Fri) Manning Milk Sanch Black Sesame Bar  Rice White Islah with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice  Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Cerrot	Apple  11/18(Sat)  Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Chinese Cabbage Soybean Sprout Carrot	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise	Milk Fried Crackers Rice Salmon grilled with Salt Simmered Hijliki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Fried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack Curry and Rice Chinesc clabbage and Apple Salad Consommé Soup Oranges  Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt	Starch Black Sesame	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake	11/ 25(Sat) Milk	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Soy Sauce Sugar Japanese Rice Wine	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Soys Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Soys Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Soys Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Soys Sauce, Japanese Rice Wine Sugar, Ginger Egg	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Japanese Rice Wine Salt Rice Rice Wakame-Seaweed	Ketchup Mixed Cheese	Sait
Cooking Oil Mixed Cheese  Date 11/17(Fri) Mixed Milks  Black Sesame Bar Rice Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Carr	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Bressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Chinese Cabbage Soybean Sprout Carrot Soy sauce	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom	Milk Fried Crackers Rice Rice Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijlki-Seaweed Soybean Fried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine	Sugar Cooking Oil 11/22(Wed) Milk 11/22(Wed) Milk Corn Snack Curry and Rice Ciniese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweet Soybean Paste Soup Apples Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Curumber	White Sesame  11/30(Thu)  Milk  Black Sesame Bar  Uden Noedles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noedles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt  Rice	Ketchup Mixed Cheese	Sait
Cooking Oil Mixed Cheese Date 11/17(Fri) Mixed Mike Seate Black Sesame Bar Rice White Isla with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Cerrot	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Bressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Chinese Cabbage Soybean Sprout Carrot Soy sauce	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise	Milk Fried Crackers Rice Rice Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijlki-Seaweed Soybean Fried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine	Sugar Cooking Oil 11/22(Wed) Milk Corn Snack Curry and Rice Chinesc clabbage and Apple Salad Consommé Soup Oranges  Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar University of the Marmalade White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Coroking Oil Salt	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Soys Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Soys Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Soys Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Soys Sauce, Japanese Rice Wine Sugar, Ginger Egg	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt  Rice Wakame-Seaweed Dried Baby Sardine Chinese Cabbage	Ketchup Mixed Cheese	Sait
Cooking Oil Mixed Cheese Date 11/17(Fri) Monthly Mixed Stanch Bar Stanch Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Carrot Carrot Carrot Carrot Soy Sauce, Sugar Sweet Rice Wine	Apple  11/18(Sat)  Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Chinese Cabbage Soybean Sprout Carrot Onion Carrot Onion Carrot	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion	Milk Fried Crackers Rice Salmon grilled with Salt Simmered Hijiki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Pried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Ca	Sugar Cooking Oil 11/ 22(Wed) Milk Corn Snack Curry and Rice chinese Cabbage and Apple Salad Consommé Soup Oranges  Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice  Codfish Ginger Lapanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot Fried Soybean Sprout	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chucken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Capanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise	White Sesame  11/30(Thu)  Milk Black Sesame Bar  Udan Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Japanese Rice Wine Salt Rice Rice Wakame-Seaweed Dried Baby Sardine Chinese Cabbage Soybean Sprout Chinese Cabbage Soybean Sprout	Ketchup Mixed Cheese	Sait
Cooking Oil Mixed Cheese  Date 11/17(Fri)  Mixed Milk Sanats Black Sesame Bar  Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice  Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Carrot Garen Fepper Ketchup Soy Sauce, Sugar Vinegar Starch Salt Starch Soy Sauce, Sugar	Apple  11/18(Sat)  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange  Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Sat Sat Sugar Sat Chinese Cabbage Soybean Sprout Carrot Carrot Onion Carrot Dried Young Sardine	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Corn	Milk Fried Crackers Fried Crackers Rice Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Drack Wine Dayanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine	Sugar Cooking Oil Milk 1/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Cornsommé	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot Green Onion	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach Carrot	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt Rice Rice Rice Rice Chinese Cabbage Soybean Sprout Carrot Car	Ketchup Mixed Cheese	Sait
Cooking Oil Mixed Cheese Date 11/17(Fri) Mixed Cheese 11/17(Fri) Mixed Milks Seatab Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar Sweet Rice Wine White Sesame	Apple  11/18(Sat)  Milk Crackers Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Chinese Cabbage Soybean Sprout Carrot Onion Carrot Onion Carrot	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Carrot Onion Consommé	Milk Fried Crackers Rice Salmon grilled with Salt Simmered Hijiki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Pried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Ca	Sugar Cooking Oil 11/22(Wed) Milk Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salit Soybean Sprout Japanese Mustard Spinach Carrot Carrot Carrot Carrot Carrot Cooking Oil Sugar Salit Soybean Sprout Japanese Mustard Spinach Carrot Carrot	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice Codfish Ginger Codfish Ginger Soy Sauce Sweet Rice Wine Starch Cooking Oil Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar Onion Fried Soybean Sprout Carrot Fried Soybean Sprout Carrot Fish Cake Onion Fried Soybean Sprout Carrot Fried Soybean Sprout Fried Spro	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade Soybean Paste Soup Banana Rice Chicken Marmalade Garlie Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cassing Cooking Colising Cooking Colising Cooking Colising Cassing Cooking Colising Cooking Colising Cassing Cooking Colising Cooking Colising Cassing Cassing Cooking Colising Cassing Cassing Cooking Colising Cassing Cassing Cooking Colising Cassing Cooking Colising Cassing Cassing Cooking Colising Cassing C	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Soy Sauce, Sauce Japanese Rice Wine Sugar, Ginger	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom	White Sesame  11/ 30(Thu)  MIIK Black Sesame Bar  Udan Noodles Ivegratules Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt Rice Wakame-Seaweed Dried Baby Sardine Chinese Cabbage Soybean Sprout Carrot Carrot White Seasone	Ketchup Mixed Cheese	Sait
Cooking Oil Mixed Cheese  Date 11/17(Fri)  Mixed Cheese 11/17(Fri)  Mixed Mike  Black Sesame Bar  Rice Cooked Lotus Root Soybean Paste Soup  Bananas Rice  Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Carrot Carrot Carrot Carrot Carrot Soy Sauce, Sugar Sweet Rice Wine	Apple  11/18(Sat)  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange  Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Sat Sat Sugar Sat Chinese Cabbage Soybean Sprout Carrot Carrot Onion Carrot Dried Young Sardine	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion	Milk Fried Crackers Fried Crackers Rice Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Drack Wine Dayanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine	Sugar Cooking Oil Milk 1/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Cornsommé	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot Green Onion	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach Carrot	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt Rice Rice Chinese Cabbage Soybean Sprout Carrot White Seasme Soy Sauce White Sesame Soy Sauce White Sesame Soy Sauce	Ketchup Mixed Cheese	Sait
Cooking Oil Mixed Cheese Date Mixed Cheese  11/17(Fri) Mixed	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Satl Sugar Satl Spinach  Chinese Cabbage Soybean Sprout Carrot Soy sauce Sugar  Onion Carrot Dried Young Sardine Soy Bean Paste	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Carrot Onion Consommé	Milk Fried Crackers Rice Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Gried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste	Sugar Cooking Oil Milk 1/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Cornsommé	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice Codfish Ginger Codfish Ginger Soy Sauce Sweet Rice Wine Starch Cooking Oil Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar Onion Fried Soybean Sprout Carrot Fried Soybean Sprout Carrot Fish Cake Onion Fried Soybean Sprout Carrot Fried Soybean Sprout Fried Spro	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon)  Milk Rice Crackers Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach Carrot Shimeji-Mushroom Dried Young Sardine	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Soy Sauce, Sauce Japanese Rice Wine Sugar, Ginger	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Carrot Carrot Cucumber Carrot Car	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Rice Rice Rice Rice Rice Rice Rice Rice	Nov	vembe
Cooking Oil Mixed Cheese Date 11/17(Fri) Mixed Cheese 11/17(Fri) Mixed Milks Snatch Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar Syauce, Sugar Syauce, Sugar Syauce, Sugar Syauce, Sugar Syauce, Sugar Syauce, Sugar White Radish Fried Soybean Curd Wakame-Seaweed Dried Young Sardine	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Satl Sugar Satl Spinach  Chinese Cabbage Soybean Sprout Carrot Soy sauce Sugar  Onion Carrot Dried Young Sardine Soy Bean Paste	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Carrot Onion Consommé	Milk Fried Crackers Rice Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Gried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste	Sugar Cooking Oil Milk 1/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Cornsommé	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot For Carrot Fish Cake Onion Fried Soybean Sprout Carrot Fried Driver Fried Soybean Sprout Carrot Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Soybean Paste	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar University of the Soy Sauce Sugar White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach Carrot Shimeji-Mushroom Dried Young Sardine Soybean Paste	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Salt Starch	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Chinese Cabbage Milk Consommé	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt Rice Rice Chinese Cabbage Soybean Sprout Carrot White Seasme Soy Sauce White Sesame Soy Sauce White Sesame Soy Sauce	Nov	vembe
Cooking Oil Mixed Cheese Date 11/17(Fri) Mixed Mike Sanate Black Sesame Bar Rice White Isla with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch United Soybean Curd Wakame Oil Soy Sauce, Sugar White Sesame White Radish Fried Soybean Curd Wakame-Seaweed	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Satl Sugar Satl Spinach  Chinese Cabbage Soybean Sprout Carrot Soy sauce Sugar  Onion Carrot Dried Young Sardine Soy Bean Paste	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Carrot Onion Consommé	Milk Fried Crackers Rice Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Gried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste	Sugar Cooking Oil Milk 1/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Cornsommé	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot For Carrot Fish Cake Onion Fried Soybean Sprout Carrot Fried Driver Fried Soybean Sprout Carrot Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Soybean Paste	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon)  Milk Rice Crackers Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach Carrot Shimeji-Mushroom Dried Young Sardine	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Salt Starch	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Salt Maynomaise Sugar Salt Carrot Cucumber Mayonnaise Sugar Salt	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Rice Rice Rice Rice Rice Rice Rice Rice	Nov	Sait
Cooking Oil Mixed Cheese Date 1/17(Fri) Milk Snack Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar Soy Sauce, Sugar White Readish Fried Soybean Curd Wakame-Seaweed Dried Young Sardine	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Satl Sugar Satl Spinach  Chinese Cabbage Soybean Sprout Carrot Soy sauce Sugar  Onion Carrot Dried Young Sardine Soy Bean Paste	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Carrot Onion Consommé	Milk Fried Crackers Rice Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Gried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste	Sugar Cooking Oil Milk 1/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Corno	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot For Carrot Fish Cake Onion Fried Soybean Sprout Carrot Fried Driver Fried Soybean Sprout Carrot Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Soybean Paste	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar University of the Soy Sauce Sugar White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach Carrot Shimeji-Mushroom Dried Young Sardine Soybean Paste	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Salt Starch	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Chinese Cabbage Milk Consommé	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Rice Rice Rice Rice Rice Rice Rice Rice	Nov	vembe
Cooking Oil Mixed Cheese Date 1/17(Fri) Milk Snack Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar Soy Sauce, Sugar White Readish Fried Soybean Curd Wakame-Seaweed Dried Young Sardine	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Satl Sugar Satl Spinach  Chinese Cabbage Soybean Sprout Carrot Soy sauce Sugar  Onion Carrot Dried Young Sardine Soy Bean Paste	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Carrot Onion Consommé	Milk Fried Crackers Rice Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Gried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste	Sugar Cooking Oil Milk 1/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Corno	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot For Carrot Fish Cake Onion Fried Soybean Sprout Carrot Fried Driver Fried Soybean Sprout Carrot Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Soybean Paste	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar University of the Soy Sauce Sugar White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach Carrot Shimeji-Mushroom Dried Young Sardine Soybean Paste	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Salt Starch	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Chinese Cabbage Milk Consommé Parsley	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Rice Rice Rice Rice Rice Rice Rice Rice	Nov	vembe
Cooking Oil Mixed Cheese Date 1/17(Fri) Milk Snack Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar White Sasame White Radish Fried Soybean Curd Wakane-Seaweed Dried Young Sardine Soybean Paste	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Satl Sugar Satl Spinach  Chinese Cabbage Soybean Sprout Carrot Soy sauce Sugar  Onion Carrot Dried Young Sardine Soy Bean Paste	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Carrot Onion Consommé	Milk Fried Crackers Rice Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Gried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste	Sugar Cooking Oil Milk 1/22(Wed) Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Corno	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweec Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot For Carrot Fish Cake Onion Fried Soybean Sprout Carrot Fried Driver Fried Soybean Sprout Carrot Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Carrot Green Onion Fried Soybean Sprout Soybean Paste	11/25(Sat) Milk Crackers	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar University of the Soy Sauce Sugar White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach Carrot Shimeji-Mushroom Dried Young Sardine Soybean Paste	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Salt Starch	11/ 29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Chinese Cabbage Milk Consommé	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Rice Rice Rice Rice Rice Rice Rice Rice	Nov	vembe
Cooking Oil Mixed Cheese  Date 11/17(Fri) Mixed Milk Sanak Black Sesame Bar  Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Corrot	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Bressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange  Rice Chicken Ginger  Lipannese Rice Wine Soy Sauce Sugar Sat Spinach Chinese Cabbage Soybean Sprout Carrot Soy Sauce Sugar  Onion Carrot Dried Young Sardine Soy Bean Paste  Canned Mikan-Orange	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Cornot Consommé Apple	Milk Fried Crackers Rice Rice Salmon grilled with Salt Salmon grilled with Salt Salmon grilled with Salt Salmon grilled with Salt Saybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Gried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste Banana	Sugar Cooking Oil 11/ 22(Wed) Milk Milk Curry and Rice Chnese Cabbage and Apple Salad l Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Carrot Consommé Orange	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Pried Soybean Sprout Carrot Green Onion Dried Young Sardine Soybean Paste Apple	11/25(Sat) Milk Crackers  Box-Lunch Day	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Soy Sauce Sugar Tografic Marmalade Carrot Loin Ham Vinegar Soy Sauce Sugar Tografic Marmalade Soybean Paste Banana	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Pried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Salt Starch Orange	milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Chinese Cabbage Milk Consommé Parsley Apple	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt Rice Wakame-Seaweed Dried Baby Sardine Chinese Cabbage Soybean Sprout Carrot White Sesame Soy Sauce Sugar Banana	Nov	vembe
Cooking Oil Mixed Cheese Date 1/17(Fri) Milk Snack Black Sesame Bar White Fish with Starchy Sauce White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar Soy Sauce, Sugar White Sesame White Radish Fried Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste Banana Milk	Apple  11/18(Sat)  Milk  Milk  Crackers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Chinese Cabbage Soybean Sprout Carrot Carrot Onion Carrot Dried Young Sardine Soy Bean Paste Canned Mikan-Orange  Milk  Milk	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Carrot Onion Carrot Apple	Milk Fried Crackers Rice Rice Salmon grilled with Sall Simmered Hijiki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Fried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Soybean Curd Carrot Dried Young Sardine Soybean Paste Banana	Sugar Cooking, Oil 11/22(Wed) Milk Corn Snack Curry and Rice Chinesc cabbage and Apple Salad Consommé Soup Oranges  Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Salt Soybean Sprout Japanese Mustard Spinach Carrot Consommé Orange	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil Wakame-Seaweed Soybean Sprout Carrot Frish Cake Vinegar Sugar Onion Fried Soybean Sprout Garrot Green Onion Fried Soybean Sprout Carrot Green Onion Fried Soybean Sp	11/25(Sat) Milk Crackers  Box-Lunch Day  Heart-Shaped Pie	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Joanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Looking Oil Salt Spinach Carrot Banana Milk	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sugar, Ginger  Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Sugar Ginger  Orange	11/ 29(Wed) Milk Corn Snack Rice Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Carrot Carrot Carrot Carot Chinese Cabbage Milk Apple	White Sesame  11/30(Thu)  Milk  Black Sesame Bar  Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles  Ud	Nov	vembe
Cooking Oil Mixed Cheese Date 1/17(Fri) Milk Snack Black Sesame Bar White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar White Sesame White Radish Fried Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste Banana Milk Soybean Flour Pancake Wheat Flour	Apple  11/18(Sat)  Milk	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Carrot Onion Corn Carrot Onion Apple  Milk Raisin Steamed Bread	Milk Fried Crackers Rice Rice Salmon grilled with Sall Simmered Hijiki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Fried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Soybean Curd Carrot Dried Young Sardine Soybean Paste Banana	Sugar Cooking Oil 11/ 22(Wed) Milk Milk Curry and Rice Chnese Cabbage and Apple Salad l Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Carrot Consommé Orange	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Pried Soybean Sprout Carrot Green Onion Dried Young Sardine Soybean Paste Apple	11/25(Sat) Milk Crackers  Box-Lunch Day  Heart-Shaped Pie Cheese	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Soy Sauce Sugar Tografic Marmalade Carrot Loin Ham Vinegar Soy Sauce Sugar Tografic Marmalade Soybean Paste Banana	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Salt Starch Orange  Milk Sweet Potato Pie	milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Chinese Cabbage Milk Consommé Parsley Apple	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Salt Rice Wakame-Seaweed Dried Baby Sardine Chinese Cabbage Soybean Sprout Carrot White Sesame Soy Sauce Sugar Banana	Nov	vembe
Cooking Oil Mixed Cheese Date II / 17 (Fri)  Smack Black Sesame Bar Milk Smack Black Sesame Bar White Fish with starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice  Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch  Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar White Sesame White Radish Fried Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste  Banana  Milk Soybean Flour Pancake Wheat Flour Baking Powder	Apple  11/18(Sat)  Milk	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Corn Cornot Carrot Onion Apple Milk Raisin Steamed Bread Wheat Flour Raisin	Milk Fried Crackers Fried Crackers Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Hijki-Seaweed Soybean Hijki-Seaweed Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste Banana  Milk Cocoa Short Bread Wheat Flour Sugar	Sugar Cooking Oil Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Coucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Carrot Cornsommé Orange	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Frish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot Garren Onion Dried Young Sardine Soybean Paste Apple  Milk Boiled Macaroni Macaroni Soybean Flour	11/25(Sat) Milk Crackers  Box-Lunch Day  Heart-Shaped Pie	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Spinach Carrot Shimeji-Mushroom Dried Young Sardine Soybean Paste Banana Milk Soybean Curd Doughnut	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Pried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Soy Sauce Sweet Rice Wine Soy Sauce, Japanese Rice Wine Sugar, Ginger  Egg Enoki-Mushroom Green Onion Onatural Stock Soy Sauce Japanese Rice Wine Salt Starch Orange	11/29(Wed) Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Chinese Cabbage Milk Consommé Parsley Apple	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Rice Rice Rice Chinese Cabbage Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Rice Rice Chinese Cabbage Soybean Sprout Carrot White Sesame Soy Sauce Sugar  Banana  Milk Sesame Toast Bread Margarine	Nov	vembe
Cooking Oil Mixed Cheese Date II / 17 (Fri) Milk Snack Black Sesame Bar Kice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar Vinegar Starch White Radish Fried Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste Banana Milk Soybean Flour Pancake Wheat Flour Baking Powder Of Powden Flour	Apple  11/18(Sat)  Milk  Milk  Crneckers  Bowl of Seasoned Rice Dressed Chinese Cabbage Soybean Paste Soup Canned Mikan-Orange  Rice Chicken Ginger Japanese Rice Wine Soy Sauce Sugar Egg Sugar Salt Spinach Chinese Cabbage Soybean Sprout Carrot Carrot Onion Carrot Dried Young Sardine Soy Bean Paste Canned Mikan-Orange  Milk Simmered Sweet Potatoes Sweet Potato Lemon Juice Sugar	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Corn Consommé Apple	Milk Fried Crackers Rice Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijiki-Seaweed Soybean Paste Soup Bananas Rice Salmon Japanese Rice Wine Salt Hijiki-Seaweed Soybean Fried Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine Milk Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste Banana  Milk Cocoa Short Bread Wheat Flour Sugar	Sugar Cooking Oil 11/ 22(Wed) Milk Corn Snack Curry and Rice chinese Cabbage and Apple Salad Consommé Soup Oranges  Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Cucumber Apple Vinegar Cooking Oil Sugar Salt Japanese Mustard Spinach Carrot Carro	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Codfish Ginger Sweet Rice Wine Starch Cooking Oil Wakame-Seaweed Soybean Sprout Carrot Fish Cake Vinegar Sugar  Onion Fried Soybean Sprout Garrot Green Onion Dried Young Sardine Soybean Paste Apple  Milk Boiled Macaroni Macaroni Soybean Flour Sugar	Box-Lunch Day  Heart-Shaped Pie Cheese Heart-Shaped Pie	Aosa-Seaweed Parmesan Cheese 11/27(Mon) Milk Rice Crackers Rice Chicken grilled with Marmalade White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Japanese Rice Wine White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Soybean Curd Doughnut Soybean Curd Doughnut Soybean Curd Wheat Flour Sugar	Soy Sauce, Sugar White Sesame  11/28(Tue) Milk Fried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Salt Starch Orange  Milk Sweet Potato Pie Sweet Potato Butter Sugar, Signar Sweet Potato Butter Sweet Potato Butter Sweet Potato Butter Sugar, Signar Sweet Potato Butter Sweet Potato Butter Sugar	11/ 29(Wed) Milk Corn Snack Rice Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Egg Milk Salt Mushroom Tomato Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Chinese Cabbage Milk Shimigi-Mushroom Carrot Carot Chinese Cabbage Milk Shimeji-Mushroom Carrot Carot Carot Carot Carot Carot Chinese Cabbage Milk Shanana Custard Banana Wheat Flour, Sugar Egg	White Sesame  11/30(Thu)  Milk Black Sesame Bar  Udan Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles  Udon Noodles  Udon Noodles  Udon Noodles  Udon Noodles  Pork  Burdock Root Carrot  White Radish White Leek Soybean Sprout Green Onion  Natural Stock Soy Sauce  Sweet Rice Wine Japanese Rice Wine Japanese Rice Wine Salt  Rice Wakame-Seaweed Dried Baby Sardine  Chinese Cabbage Soybean Sprout Carrot  White Sesame Soy Sauce Sugar  Banana  Milk Sesame Toast Bread  Margarine Sugar	Nov	vembe
Cooking Oil Mixed Cheese Date II. / 17(Fri)  Smark Black Sesame Bar Rice White Fish with Starchy Sauce Cooked Lotus Root Soybean Paste Soup Bananas Rice Codfish Salt Starch Cooking Oil Onion Carrot Green Pepper Ketchup Soy Sauce, Sugar Vinegar Starch Lotus Root Carrot Tubular Fish Cake Sesame Oil Soy Sauce, Sugar White Sesame White Radish Fried Soybean Curd Wakame-Seaweed Dried Young Sardine Soybean Paste  Milk Soybean Flour Pancake Wheat Flour Baking Powder	Apple  II/ 18(Sat)  Milk  Milk	Milk Rice Crackers Rice Spanish Omelet Coleslaw Vegetables Soup Apples Rice Egg Tuna Flakes Potato Onion Carrot Salt Parsley Ketchup Cabbage Cucumber Loin Ham Mayonnaise Shimeji- Mushroom Corn Corn Cornot Carrot Onion Apple Milk Raisin Steamed Bread Wheat Flour Raisin	Milk Fried Crackers Fried Crackers Rice Salmon grilled with Salt Salmon grilled with Salt Simmered Hijlki-Seaweed Soybean Paste Soup Bananas Rice Hijki-Seaweed Soybean Hijki-Seaweed Soybean Curd Carrot Kidney Bean Sesame Oil Natural Stock Soy Sauce Sweet Rice Wine Japanese Rice Wine White Radish Soybean Curd Carrot Dried Young Sardine Soybean Paste Banana  Milk Cocoa Short Bread Wheat Flour Sugar	Sugar Cooking Oil Milk Corn Snack Curry and Rice Chinese Cabbage and Apple Salad Consommé Soup Oranges Rice Pork Onion Potato Carrot Curry Roux Cooking Oil Chinese Cabbage Coucumber Apple Vinegar Cooking Oil Sugar Salt Soybean Sprout Japanese Mustard Spinach Carrot Carrot Cornsommé Orange	Starch Black Sesame 11/ 23(Thu)	Sugar  11/24(Fri)  Milk Black Sesame Bar Rice Fried White Fish Seasoned Wakame-Seaweed Soybean Paste Soup Apples Rice  Codfish Ginger Japanese Rice Wine Soy Sauce Sweet Rice Wine Soy Sauce Sweet Rice Wine Starch Cooking Oil  Wakame-Seaweed Soybean Sprout Carrot Frish Cake Vinegar Sugar  Onion Fried Soybean Sprout Carrot Garren Onion Dried Young Sardine Soybean Paste Apple  Milk Boiled Macaroni Macaroni Soybean Flour	Box-Lunch Day  Heart-Shaped Pie Cheese Heart-Shaped Pie	Aosa-Seaweed Parmesan Cheese  11/27(Mon) Milk Rice Crackers Rice Crackers Rice White Radish Salad Soybean Paste Soup Banana Rice Chicken Marmalade Garlic Soy Sauce Sugar United States White Radish Cucumber Carrot Loin Ham Vinegar Soy Sauce Sugar Cooking Oil Salt Salt Salt Salt Salt Salt Salt Sal	Soy Sauce, Sugar White Sesame  11/28(Tue)  Milk Pried Crackers Rice Grilled White Fish Fermented Soybean Egg Soup Oranges Rice Codfish Japanese Rice Wine Soy Sauce Sweet Rice Wine Fermented Soybean Chicken Carrot Spinach Sesame Oil Soy Sauce, Japanese Rice Wine Sugar, Ginger Egg Enoki-Mushroom Green Onion Natural Stock Soy Sauce Japanese Rice Wine Soy Sauce Sweet Rice Wine Soy Sauce, Japanese Rice Wine Sugar, Ginger  Egg Enoki-Mushroom Green Onion Onatural Stock Soy Sauce Japanese Rice Wine Salt Starch Orange	11/ 29(Wed)  Milk Corn Snack Rice Simmered Hamburg Steak Potato Salad Milk Soup Apples Rice Beef, Pork Onion Bread Crumbs Feg Milk Salt Mushroom Consommé Worcestershire Sauce Sugar Potato Carrot Cucumber Mayonnaise Sugar Salt Shimeji-Mushroom Carrot Cucumber Mayonnaise Sugar Salt Carrot Cucumber Apple Milk Consommé Parsley Apple  Milk Banana Custard Banana Banana Wheat Flour, Sugar	White Sesame  11/30(Thu)  Milk Black Sesame Bar Udon Noodles in Vegetables Soup Seasoned Rice Ball mixed Dressed Chinese Cabbage Bananas  Udon Noodles Pork Burdock Root Carrot White Radish White Leek Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Rice Rice Rice Chinese Cabbage Soybean Sprout Green Onion Natural Stock Soy Sauce Sweet Rice Wine Salt Rice Rice Chinese Cabbage Soybean Sprout Carrot White Sesame Soy Sauce Sugar  Banana  Milk Sesame Toast Bread Margarine	Nov	vembe



Soy Sauce, Sweet Rice Wine

## **November**

